

ALLERGENS AND SPECIAL DIET



EGG



MILK



FISH



MSG



SHELLFISH



SOY



SULFITES



PEANUTS/TREE NUTS



WHEAT/GLUTEN

SHAREABLES

- THREE POINTER   
- WITH BEER CHEESE SAUCE   
- HOUSE-MADE CHIPS & SALSA
- TACO MAC QUESO   
- FRESH GUACAMOLE
- QUESO CON CARNE    
- MOZZARELLA STICKS   
- JUMBO PRETZEL & BEER CHEESE  
- BAKED SPINACH & ARTICHOKE DIP  
- WITH TOASTED PITA BREAD  
- WITH TORTILLA CHIPS  
- GRILLED CHICKEN NACHOS   
- NACHOS ALL THE WAY   
- CALAMARI WITH SWEET & SPICY CHILI SAUCE    
- BUFFALO HUMMUS  
- WITH TOASTED PITA BREAD  

GREENS

- CAESAR SIDE SALAD    
- HOUSE SIDE SALAD  
- WEDGE SIDE SALAD  
- BUFFALO FRIED CHICKEN SALAD    
- BUFFALO GRILLED CHICKEN SALAD   
- COBB SALAD     
- FRIED MONTEREY CHICKEN SALAD     
- GRILLED MONTEREY CHICKEN SALAD    
- GRILLED CHICKEN CAESAR SALAD     
- GRILLED SHRIMP CAESAR SALAD     
- STEAK CAESAR SALAD    
- SHRIMP AVOCADO & MANGO SALAD    

SALAD DRESSINGS

- RANCH  
- BUFFALO RANCH  
- BLUE CHEESE  
- HONEY MUSTARD 
- FAT-FREE BALSAMIC VINAIGRETTE 
- CAESAR   
- OLIVE OIL VINAIGRETTE 

SOUPS

- CHICKEN TORTILLA SOUP 
- WITH SALTINES  
- TACO MAC CHILI 
- WITH SALTINES  

TATOR TOPPERS

- BUFFALO CHICKEN TATER TOPPER  
- WITH FRIED CHICKEN     
- WITH GRILLED CHICKEN     
- CHILI CHEESE TATER TOPPER 
- BACON CHICKEN RANCH TATER TOPPER  
- WITH FRIED CHICKEN     
- WITH GRILLED CHICKEN     

CLASSICS

- SKILLET SALMON    
- WITH CHILI MANGO SEASONING     
- WITH KOREAN BLACK GARLIC SEASONING     
- 420 FISH & CHIPS     
- BUFFALO CHICKEN TENDERS    
- TACO MAC CHICKEN TENDERS     
- GRILLED CHICKEN TENDERS  

TACOS

- CLASSIC STREET TACO   
- 420 BEER-BATTERED FISH TACO      
- BUFFALO CHICKEN TACO     
- CHICKEN FAJITA TACO   
- GRILLED SHRIMP & MANGO TACO     
- STEAK FAJITA TACO   

SIGNATURE BURGERS

- BACON CHEDDAR RANCH BURGER   
- BLACK BEAN BURGER     
- BUFFALO BURGER   
- HICKORY BURGER   
- THE KENMORE BURGER     
- MUSHROOM STEAK BURGER     
- THE ORIGINAL BURGER  
- ADD CHEESE  
- THE ORIGINAL TURKEY BURGER  
- ADD CHEESE  

FLATBREADS

- BUFFALO CHICKEN FLATBREAD    
- BBQ CHICKEN FLATBREAD    
- PEPPERONI & FOUR CHEESE FLATBREAD   

WRAPPED & STACKED

- FRIED BUFFALO CHICKEN SANDWICH      
- GRILLED BUFFALO CHICKEN SANDWICH     
- FRIED CHICKEN BACON & AVOCADO SANDWICH      
- GRILLED CHICKEN BACON & AVOCADO SANDWICH     
- FRIED HOLLYWOOD CHICKEN SANDWICH     
- GRILLED HOLLYWOOD CHICKEN SANDWICH     
- CHICKEN SOUTH STREET PHILLY    
- STEAK SOUTH STREET PHILLY   
- GRILLED CHICKEN RANCH WRAP      
- SHRIMP GUAC & MANGO WRAP   
- SOUTHWEST WRAP    

QUESADILLAS

- GRILLED CHICKEN     
- GRILLED STEAK    
- GRILLED VEGETABLE & CILANTRO BLACK BEAN     

PREMIUM SIDELINES

- BROCCOLI QUESO CASSEROLE  
- MEXICAN STREET CORN   
- ONION RINGS  
- WITH RANCH   
- OVEN-BAKED MACARONI & CHEESE   
- ROASTED PARMESAN ZUCCHINI 
- ROASTED WHOLE MUSHROOMS  
- SWEET POTATO FRIES

CLASSIC SIDELINES

- BLACK BEANS
- FRENCH FRIES
- TATER TOTS
- FRESH BROCCOLI 
- VIDALIA SLAW
- SEASONED FRUIT

THE SOUTHEAST'S ORIGINAL BUFFALO WINGS

- ORIGINAL WINGS
- ROASTED WINGS
- BONELESS WINGS

WING SAUCES

- SLOW BURN
- DEATH SAUCE
- THREE MILE ISLAND
- HABANERO BBQ
- HOT BUFFALO
- MEDIUM BUFFALO
- HONEY CHIPOTLE
- MILD BUFFALO 
- SWEET BABY RAY'S BBQ™
- SWEET CHILI SESAME  
- PARMESAN GARLIC   

WING DRY RUBS

- ORIGINAL LEMON PEPPER 
- KOREAN BLACK GARLIC  
- CHILI MANGO RUB

KIDS MENU ITEMS

- KID BURGER  
- KID CORN DOGS    
- KID GRILLED CHEESE   
- KID GRILLED CHICKEN TENDERS   
- KID MAC & CHEESE  
- KID NUGGETS  
- KID QUESADILLA    
- KID TENDERS 

TACO MAC Nutritional Information



Calories and calorie ranges are based on actual product menu descriptions. Not all calories noted reflect substitutions and the customization of ingredients per product.

Shareables	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
3 Pointer (1 serving)	953	953	440	49	17	0	94	4561	98	5	15	31	573	8	647	3
3 Pointer (1 serving) with Beer Cheese Sauce	120	1073	521	58	22	0	114	4971	102	5	18	36	973	9	797	3
Buffalo Hummus (1 serving)	950	950	389	43	10	0	13	2856	112	11	10	28	643	2	326	10
Baked Spinach and Artichoke Dip (1 serving)	948	405	304	34	19	0	84	1407	11	2	7	13	5766	3	400	1
Baked Spinach and Artichoke Dip (1 serving) with Toasted Pita Bread		665	367	41	20	0	84	1927	54	4	10	20	5766	3	460	4
Baked Spinach and Artichoke Dip (1 serving) with Tortilla Chip Choice Gluten Free		987	577	64	23	0	84	2467	83	10	7	21	5766	3	561	5
Baked Spinach and Artichoke Dip (1 serving) with Tortilla Chip Choice Regular		688	355	39	19	0	84	2014	64	2	11	19	5766	3	514	1
Calamari (1 serving)	701	465	95	11	2	0	661	1347	44	1	0	48	326	14	107	4
Calamari (1 serving) with Spicy Sweet Chili Sauce		701	95	11	2	0	661	2929	103	1	56	48	337	14	116	5
Mozzarella Sticks (1 serving) with Marinara	765	765	371	41	21	0	125	3012	67	0	6	40	85	2	1003	2
Grilled Chicken Nachos (1 serving)	1946	1503	929	103	62	0	340	5963	31	8	6	99	3851	24	1780	6
Grilled Chicken Nachos (1 serving) with House-Made Salsa		1522	930	103	62	0	340	6274	35	8	8	99	4067	35	1803	6
Grilled Chicken Nachos (1 serving) with Tortilla Chip Choice Gluten Free		2376	1339	149	69	0	340	7553	139	20	6	111	3851	24	2021	12
Grilled Chicken Nachos (1 serving) with Tortilla Chip Choice Regular		1927	1007	112	63	0	340	6874	109	8	13	107	3851	24	1951	6
Grilled Steak Nachos (1 serving)	2030	1587	1039	115	67	0	333	6737	31	8	6	93	3827	22	1778	7
Grilled Steak Nachos (1 serving) with House-Made Salsa		1606	1039	115	67	0	333	7048	35	9	8	93	4043	34	1801	7
Grilled Steak Nachos (1 serving) with Tortilla Chip Choice Gluten Free		2460	1449	161	74	0	333	8327	139	20	6	105	3827	22	2020	14
Grilled Steak Nachos (1 serving) with Tortilla Chip Choice Regular		2011	1117	124	68	0	333	7648	110	8	12	101	3827	22	1950	8
House-Made Chips and Salsa (1 serving)	603	19	0	0	0	0	0	311	4	1	2	1	216	11	23	0
House-Made Chips and Salsa (1 serving) with Tortilla Chip Choice Gluten Free		1183	547	61	9	0	0	2431	149	17	2	17	216	11	345	9
House-Made Chips and Salsa (1 serving) with Tortilla Chip Choice Regular		584	104	12	1	0	0	1525	109	1	11	12	216	11	252	1
Nachos All The Way (1 serving)	2203	1618	1036	115	66	0	333	4722	41	11	8	91	4199	27	1822	8
Nachos All The Way (1 serving) with House-Made Salsa		1637	1036	115	66	0	333	5033	45	12	10	92	4415	39	1846	8
Nachos All The Way (1 serving) with Tortilla Chip Choice Gluten Free		2782	1583	176	75	0	333	6842	185	27	8	107	4199	27	2144	17
Nachos All The Way (1 serving) with Tortilla Chip Choice Regular		2184	1140	127	67	0	333	5937	145	11	17	103	4199	27	2051	9
Queso Con Carne (1 serving)	1893	1309	788	88	52	0	243	4278	51	3	3	70	2943	11	1299	6
Queso Con Carne (1 serving) with House-Made Salsa		1328	789	88	52	0	243	4589	55	4	6	71	3160	22	1322	6
Queso Con Carne (1 serving) with Tortilla Chip Choice Gluten Free		2473	1335	148	61	0	243	6398	195	20	3	86	2943	11	1621	14
Queso Con Carne (1 serving) with Tortilla Chip Choice Regular		1874	892	99	53	0	243	5492	155	4	12	82	2943	11	1527	7
Jumbo Pretzel & Beer Cheese (1 serving)	978	978	157	17	5	0	20	3909	168	7	8	33	422	1	207	14
Taco Mac Fresh Guacamole, Large (1 serving)	1139	555	412	46	7	0	0	814	29	21	3	7	606	38	45	2
Taco Mac Fresh Guacamole, Large (1 serving) with House-Made Salsa		574	412	46	7	0	0	1125	34	22	5	7	823	49	68	2
Taco Mac Fresh Guacamole, Large (1 serving) with Tortilla Chip Choice Gluten Free		1719	959	107	15	0	0	2934	173	38	3	23	606	38	367	11
Taco Mac Fresh Guacamole, Large (1 serving) with Tortilla Chip Choice Regular		1120	516	57	7	0	0	2028	134	22	12	18	606	38	273	3
Taco Mac Fresh Guacamole, Small (1 serving)	954	370	275	31	4	0	0	543	19	14	2	4	404	25	30	1
Taco Mac Fresh Guacamole, Small (1 serving) with House-Made Salsa		389	275	31	4	0	0	853	24	15	4	5	621	37	53	1
Taco Mac Fresh Guacamole, Small (1 serving) with Tortilla Chip Choice Gluten Free		1534	821	91	13	0	0	2663	164	30	2	20	404	25	352	10
Taco Mac Fresh Guacamole, Small (1 serving) with Tortilla Chip Choice Regular		935	379	42	5	0	0	1757	124	14	11	16	404	25	258	2
Taco Mac Signature Queso, Large (1 serving)	1617	1033	626	70	44	0	174	3639	44	2	2	49	2179	3	1081	3
Taco Mac Signature Queso, Large (1 serving) with House-Made Salsa		1052	627	70	44	0	174	3950	48	3	4	50	2395	14	1104	3
Taco Mac Signature Queso, Large (1 serving) with Tortilla Chip Choice Gluten Free		2197	1173	130	52	0	174	5759	188	18	2	65	2179	3	1402	12
Taco Mac Signature Queso, Large (1 serving) with Tortilla Chip Choice Regular		1598	730	81	44	0	174	4853	149	2	11	61	2179	3	1309	4
Taco Mac Signature Queso, Small (1 serving)	1371	786	446	50	30	0	119	2643	44	2	2	36	1484	2	746	3
Taco Mac Signature Queso, Small (1 serving) with House-Made Salsa		805	447	50	30	0	119	2954	48	3	4	37	1700	14	769	3
Taco Mac Signature Queso, Small (1 serving) with Tortilla Chip Choice Gluten Free		1950	993	110	39	0	119	4763	188	18	2	52	1484	2	1068	12
Taco Mac Signature Queso, Small (1 serving) with Tortilla Chip Choice Regular		1352	550	61	31	0	119	3858	148	2	11	47	1484	2	974	4
Tater Toppers	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Buffalo Chicken Tater Topper (1 serving)	G 1151 Cal. - F 1284 Cal.	1013	687	76	18	0	50	2926	64	7	4	11	731	14	127	3
Buffalo Chicken Tater Topper (1 serving) with Fried Chicken		1284	733	81	19	0	99	4114	96	8	4	34	957	15	151	5
Buffalo Chicken Tater Topper (1 serving) with Grilled Chicken		1151	701	78	18	0	119	4695	66	8	4	39	771	16	147	4
Chili Cheese Tater Topper (1 serving)	908	908	483	54	22	0	86	2424	75	10	6	24	1235	20	321	4
Bacon Chicken Ranch Tater Topper (1 serving)	G 1411 Cal. - F 1545 Cal.	1273	887	99	25	0	83	3025	69	11	3	23	806	18	282	3
Bacon Chicken Ranch Tater Topper (1 serving) with Fried Chicken		1545	933	104	26	0	132	4212	101	12	3	46	1032	19	306	5
Bacon Chicken Ranch Tater Topper (1 serving) with Grilled Chicken		1411	900	100	26	0	152	4794	70	11	3	51	846	19	302	4
Fresh Baked Flatbreads	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Buffalo Chicken Flatbread (1 piece)	1111	123	40	4	3	0	16	329	13	1	1	7	150	0	95	1
Buffalo Chicken Flatbread (9 pieces)		1111	363	40	24	0	146	2960	119	5	12	66	1349	2	855	9
BBQ Chicken Flatbread (1 piece)	1289	143	54	6	3	0	20	302	14	0	2	8	152	0	114	1
BBQ Chicken Flatbread (9 pieces)		1289	488	54	31	0	178	2714	126	4	19	74	1372	2	1026	9
Italian Tomato and Cheese Flatbread (1 piece)	Not on Menu	104	35	4	2	0	7	213	13	1	1	5	155	1	84	1
Italian Tomato and Cheese Flatbread (9 pieces)		939	312	35	19	0	67	1916	116	5	11	41	1395	7	756	8
Pepperoni and Four Cheese Flatbread (1 piece)	1011	112	42	5	2	0	9	252	13	0	1	5	113	0	83	1
Pepperoni and Four Cheese Flatbread (9 pieces)		1011	379	42	19	0	83	2270	114	4	9	43	1020	1	751	8

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Classics	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
420 Fish & Chips (1 serving)	814	517	190	21	3	0	68	1574	47	3	4	31	701	22	65	3
420 Fish & Chips (1 serving) with Malt Vinegar		519	190	21	3	0	68	1575	47	3	4	31	701	23	66	3
420 Fish & Chips (1 serving) with Tartar Sauce		814	478	53	7	0	82	2180	48	3	5	31	741	25	68	3
Buffalo Chicken Tenders (1 serving)	814 - 1703	814	138	15	3	0	148	3562	95	4	1	70	679	4	71	8
Buffalo Chicken Tenders (1 serving) with Dressing Choice Blue Cheese		1081	381	42	10	0	181	3858	96	4	2	73	940	4	143	8
Buffalo Chicken Tenders (1 serving) with Dressing Choice Ranch		1089	395	44	9	0	173	3958	97	4	2	71	875	4	96	8
Buffalo Chicken Tenders (1 serving) with Dressing Choice Honey Mustard		1242	447	50	7	0	163	4000	123	5	26	71	688	4	93	8
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Death		1094	138	15	3	0	148	4722	167	4	65	70	679	18	71	9
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Garlic Parmesan		904	171	19	3	0	148	6466	103	4	6	77	679	4	71	8
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Habanero BBQ		1703	989	110	18	0	158	4799	102	4	1	76	5623	5	202	8
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ		993	143	16	3	0	148	5181	138	5	30	70	1516	8	148	8
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Honey Chipotle		1020	141	16	3	0	148	5275	145	5	46	70	1084	6	81	9
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Hot Buffalo		876	143	16	3	0	148	6045	108	6	9	71	1621	4	90	9
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Lemon Pepper Rub		830	139	15	3	0	148	5172	99	4	2	70	721	4	77	8
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Medium Buffalo		867	142	16	3	0	148	6044	107	6	8	71	1231	4	86	9
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Mild Buffalo		1186	477	53	8	0	148	5483	103	5	6	70	3007	4	81	9
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Slow Burn		865	142	16	3	0	148	5956	106	6	8	71	1249	6	86	9
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Sweet Chili Sesame		1119	161	18	3	0	148	6537	164	4	65	71	696	4	86	9
Buffalo Chicken Tenders (1 serving) with Wing Sauce Choice Three Mile Island		921	147	16	3	0	148	6583	117	7	14	72	1309	4	110	11
Grilled Chicken Tenders (1 serving)	288 - 573	288	29	3	1	0	148	1536	1	0	0	59	66	3	37	2
Grilled Chicken Tenders (1 serving) with Dressing Choice Blue Cheese		555	272	30	8	0	181	1831	2	0	1	62	326	3	109	2
Grilled Chicken Tenders (1 serving) with Dressing Choice Honey Mustard		573	235	26	4	0	158	1827	20	1	17	60	71	3	51	2
Grilled Chicken Tenders (1 serving) with Dressing Choice Ranch		563	286	32	7	0	173	1932	3	1	1	60	261	4	61	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Sweet Baby Ray's		358	29	3	1	0	148	1826	19	0	16	59	66	7	37	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Death Sauce		310	37	4	1	0	148	2262	3	0	1	61	66	3	37	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Garlic Parmesan		540	269	30	6	0	158	1950	3	0	0	64	1452	4	159	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Habanero BBQ		333	30	3	1	0	148	1940	12	1	8	59	275	4	56	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Honey Chipotle		339	30	3	1	0	148	1964	14	1	11	59	167	4	39	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Hot Buffalo		303	30	3	1	0	148	2156	5	1	2	59	301	3	42	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Lemon Pepper Rub		303	30	3	1	0	148	3145	5	1	1	59	108	3	42	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Medium Buffalo		301	30	3	1	0	148	2156	4	1	2	59	204	3	41	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Mild Buffalo		381	114	13	2	0	148	2016	3	1	2	59	648	3	39	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Slow Burn		301	30	3	1	0	148	2134	4	1	2	59	208	4	41	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Sweet Chili Sesame		364	35	4	1	0	148	2279	19	0	16	60	70	3	40	2
Grilled Chicken Tenders (1 serving) with Wing Sauce Choice Three Mile Island		315	31	3	1	0	148	2291	7	1	4	60	223	3	46	3
T Mac Chicken Tenders (1 serving)	814-1242	814	138	15	3	0	148	3562	95	4	1	70	679	4	71	8
T Mac Chicken Tenders (1 serving) with Dressing Choice Honey Mustard		1242	447	50	7	0	163	4000	123	5	26	71	688	4	93	8
T Mac Chicken Tenders (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ		993	143	16	3	0	148	5181	138	5	30	70	1516	8	148	8
Skillet Salmon (1 serving)	441 - 513	441	253	28	5	0	103	1634	11	3	6	37	1007	42	82	1
Skillet Salmon (1 serving) with Chili Mango Seasoning		513	258	29	5	0	103	3274	27	3	19	38	1007	42	88	2
Skillet Salmon (1 serving) with Korean Black Garlic Seasoning		497	262	29	5	0	103	2403	22	3	14	38	1007	42	82	1
Signature Burgers	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Bacon Cheddar Ranch Burger (1 serving)	993	307	255	28	9	0	48	994	3	1	1	11	1456	6	169	0
Bacon Cheddar Ranch Burger (1 serving) with Bun Choice Gluten Free		537	309	34	9	0	48	1434	42	6	7	17	1456	6	209	1
Bacon Cheddar Ranch Burger (1 serving) with Bun Choice Regular		567	287	32	10	0	48	1384	52	3	8	19	1456	9	189	3
Bacon Cheddar Ranch Burger (1 serving) with Burger Patty Choice Beef Burger		733	505	56	19	0	189	2757	4	1	1	51	1464	6	216	4
Bacon Cheddar Ranch Burger (1 serving) with Burger Patty Choice Black Bean Veggie Burger	160 to Sub Black Bean	467	269	30	9	0	48	1474	31	11	2	20	2206	33	209	3
Bacon Cheddar Ranch Burger (1 serving) with Burger Patty Choice Fried Chicken		850	347	39	11	0	146	3369	66	3	2	57	1909	9	217	6
Bacon Cheddar Ranch Burger (1 serving) with Burger Patty Choice Grilled Chicken		496	274	30	9	0	146	1194	3	1	2	50	1496	9	189	1
Bacon Cheddar Ranch Burger (1 serving) with Burger Patty Choice Turkey Burger	246 to Sub Turkey	553	364	40	12	0	173	3041	6	1	1	43	1464	6	199	2
Black Bean Burger (1 serving)	535	275	67	7	1	0	0	1455	36	11	6	11	1642	23	163	7
Black Bean Burger (1 serving) with Bun Choice Gluten Free		505	121	13	1	0	0	1895	75	16	12	17	1642	23	203	8
Black Bean Burger (1 serving) with Bun Choice Regular		535	99	11	2	0	0	1845	85	13	13	19	1642	25	183	10
Buffalo Burger (1 serving)	755	69	38	4	3	0	13	831	4	1	2	4	1277	7	86	0
Buffalo Burger (1 serving) with Bun Choice Gluten Free		299	92	10	3	0	13	1271	43	6	8	10	1277	7	126	1
Buffalo Burger (1 serving) with Bun Choice Regular		329	69	8	4	0	13	1221	53	3	9	12	1277	9	106	3
Buffalo Burger (1 serving) with Burger Patty Choice Beef Burger		495	287	32	13	0	153	2594	5	1	2	44	1285	7	132	4
Buffalo Burger (1 serving) with Burger Patty Choice Black Bean Veggie Burger		229	51	6	3	0	13	1311	32	11	3	13	2027	34	126	3
Buffalo Burger (1 serving) with Burger Patty Choice Fried Chicken		612	130	14	4	0	111	3206	67	3	3	50	1730	9	133	6
Buffalo Burger (1 serving) with Burger Patty Choice Grilled Chicken		258	57	6	3	0	111	1032	4	1	2	43	1317	9	105	2
Buffalo Burger (1 serving) with Burger Patty Choice Turkey Burger		315	146	16	6	0	138	2878	7	1	2	36	1285	7	115	2
Hickory Burger (1 serving)	940	254	160	18	9	0	45	1130	10	0	7	14	333	0	234	0
Hickory Burger (1 serving) with Bun Choice Gluten Free		484	214	24	9	0	45	1570	49	5	13	20	333	0	274	0
Hickory Burger (1 serving) with Bun Choice Regular		514	191	21	10	0	45	1520	59	2	14	22	333	2	254	3
Hickory Burger (1 serving) with Burger Patty Choice Beef Burger		680	409	45	19	0	186	2893	11	0	7	55	341	0	281	4
Hickory Burger (1 serving) with Burger Patty Choice Black Bean Veggie Burger		414	173	19	9	0	45	1610	38	10	8	23	1083	27	274	3
Hickory Burger (1 serving) with Burger Patty Choice Fried Chicken		796	252	28	11	0	144	3505	74	2	8	61	786	2	282	5
Hickory Burger (1 serving) with Burger Patty Choice Grilled Chicken		443	179	20	9	0	144	1330	10	0	7	54	373	2	254	1
Hickory Burger (1 serving) with Burger Patty Choice Turkey Burger		500	269	30	12	0	170	3177	13	0	7	47	341	0	264	2
Kenmore Burger (1 serving)	1024	338	241	27	8	0	40	1684	11	2	6	14	374	6	236	4
Kenmore Burger (1 serving) with Bun Choice Gluten Free		568	295	33	8	0	40	2124	50	7	12	20	374	6	283	8
Kenmore Burger (1 serving) with Bun Choice Regular		598	272	30	9	0	40	2074	60	4	13	22	374	33	276	6
Kenmore Burger (1 serving) with Burger Patty Choice Beef Burger		764	409	45	19	0	186	2893	11	0	7	55	341	0	281	4
Kenmore Burger (1 serving) with Burger Patty Choice Black Bean Veggie Burger		498	173	19	9	0	45	1610	38	10	8	23	1083	27	274	3
Kenmore Burger (1 serving) with Burger Patty Choice Fried Chicken		881	252	28	11	0	144	3505	74	2	8	61	786	2	282	5
Kenmore Burger (1 serving) with Burger Patty Choice Grilled Chicken		527	179	20	9	0	144	1330	10	0	7	54	373	2	254	1
Kenmore Burger (1 serving) with Burger Patty Choice Turkey Burger		584	269	30	12	0	170	3177	13	0	7	47	341	0	264	2
Mushroom Steak Burger (1 serving)	1057	371	294	33	9	0	43	1654	6	1	3	14	299	2	205	1
Mushroom Steak Burger (1 serving) with Bun Choice Gluten Free		601	348	39	9	0	43	2094	45	6	9	20	299	2	245	1
Mushroom Steak Burger (1 serving) with Bun Choice Regular		631	326	36	10	0	43	2044	55	3	10	22	299	4	225	3
Mushroom Steak Burger (1 serving) with Burger Patty Choice Beef Burger		797	544	60	19	0	184	3417	7	1	3	54	307	2	252	5
Mushroom Steak Burger (1 serving) with Burger Patty Choice Black Bean Veggie Burger		531	308	34	9	0	43	2134	34	11	4	23	1049	29	245	3
Mushroom Steak Burger (1 serving) with Burger Patty Choice Fried Chicken		914	386	43	11	0	142	4029	70	3	4	60	752	5	252	6
Mushroom Steak Burger (1 serving) with Burger Patty Choice Grilled Chicken		560	313	35	9	0	142	1854	6	1	3	53	339	4	224	2
Mushroom Steak Burger (1 serving) with Burger Patty Choice Turkey Burger		617	403	45	12	0	168	3701	9	1	3	46	307	2	235	3

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Original Burger (1 serving)	699	13	1	0	0	0	0	331	2	1	1	0	1058	7	9	0
Original Burger (1 serving) with Bun Choice Gluten Free	Add Cheese 44 - 140	243	55	6	0	0	0	771	41	6	7	6	1058	7	49	1
Original Burger (1 serving) with Bun Choice Regular		273	33	4	2	0	0	721	51	3	8	8	1058	9	29	3
Original Burger (1 serving) with Burger Patty Choice Beef Burger		439	250	28	11	0	141	2094	4	1	1	41	1066	7	56	4
Original Burger (1 serving) with Burger Patty Choice Black Bean Veggie Burger		173	15	2	0	0	0	811	30	11	2	9	1808	34	49	3
Original Burger (1 serving) with Burger Patty Choice Fried Chicken		555	93	10	2	0	99	2706	66	3	2	47	1511	9	56	6
Original Burger (1 serving) with Burger Patty Choice Grilled Chicken		201	20	2	1	0	99	531	3	1	1	40	1098	9	28	1
Original Burger (1 serving) with Burger Patty Choice Turkey Burger		259	110	12	3	0	125	2378	6	1	1	33	1066	7	38	2
Original Burger (1 serving) with Cheese Choice Blue Cheese Crumbles		63	37	4	3	0	13	521	2	1	1	3	1208	7	84	0
Original Burger (1 serving) with Cheese Choice Cheddar Cheese		93	64	7	4	0	20	466	2	1	1	5	1358	7	159	0
Original Burger (1 serving) with Cheese Choice Cheddar Jack 5 Cheese Blend		153	97	11	7	0	30	598	4	1	1	10	1392	7	242	0
Original Burger (1 serving) with Cheese Choice Swiss Cheese		93	55	6	4	0	20	381	3	1	1	6	1258	7	209	0
Original Burger (1 serving) with Cheese Choice White American Cheese		57	35	4	2	0	11	555	2	1	1	3	1208	7	121	0
Original Turkey Burger (1 serving)	516	256	109	12	3	0	125	1555	5	1	1	33	1062	7	34	2
Original Turkey Burger (1 serving) with Bun Choice Gluten Free	Add Cheese 44 - 140	486	163	18	3	0	125	1995	44	6	7	39	1062	7	74	2
Original Turkey Burger (1 serving) with Bun Choice Regular		516	141	16	5	0	125	1945	54	3	8	41	1062	9	54	5
Original Turkey Burger (1 serving) with Cheese Choice Blue Cheese Crumbles		306	145	16	6	0	138	1745	5	1	1	36	1212	7	109	2
Original Turkey Burger (1 serving) with Cheese Choice Cheddar		336	172	19	7	0	145	1690	5	1	1	38	1362	7	184	2
Original Turkey Burger (1 serving) with Cheese Choice Cheddar Jack 5 Cheese Blend		396	205	23	10	0	155	1821	7	1	1	42	1396	7	267	2
Original Turkey Burger (1 serving) with Cheese Choice Swiss		336	163	18	7	0	145	1605	6	1	1	39	1262	7	234	2
Original Turkey Burger (1 serving) with Cheese Choice White American		300	143	16	5	0	136	1778	5	1	1	36	1212	7	145	2

The Southeast's Original Buffalo Wings	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Boneless Buffalo Wings, Double (1 serving)	Bonesless - 70 Cal./Wing	1402	687	76	14	0	175	2850	95	5	25	80	0	6	0	5
Boneless Buffalo Wings, Double (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	1936	1173	130	29	0	242	3441	96	5	26	86	522	6	144	5
Boneless Buffalo Wings, Double (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	1952	1201	133	26	0	225	3642	99	6	27	82	391	7	49	6
Boneless Buffalo Wings, Double (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	1529	696	77	14	0	175	5719	123	6	47	81	0	6	10	6
Boneless Buffalo Wings, Double (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	1501	703	78	14	0	175	4196	114	6	38	82	0	6	0	5
Boneless Buffalo Wings, Double (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	1456	691	77	14	0	175	8484	107	6	28	81	146	6	19	6
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	1777	687	76	14	0	175	4404	191	5	111	80	0	25	0	7
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	1523	730	81	15	0	175	6741	105	5	31	90	0	6	0	5
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	2590	1824	203	34	0	188	4495	104	5	25	88	6607	8	164	6
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	1642	694	77	14	0	175	5019	152	6	64	81	1121	12	103	6
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	1678	691	77	14	0	175	5145	161	7	84	81	543	10	13	7
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	1484	694	77	14	0	175	6176	112	8	35	82	1261	6	25	7
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	1473	692	77	14	0	175	6175	110	8	34	82	739	6	20	7
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	1900	1141	127	21	0	175	5424	105	7	31	81	3119	6	14	7
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	1471	692	77	14	0	175	6058	110	7	34	81	763	10	20	7
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	1810	717	80	14	0	175	6836	187	5	111	82	23	6	20	6
Boneless Buffalo Wings, Double (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	1545	699	78	14	0	175	6897	124	9	42	84	844	6	52	9
Boneless Buffalo Wings, Party Pack (1 serving)	Bonesless - 70 Cal./Wing	3505	1718	191	35	0	438	7125	238	13	63	200	0	15	0	14
Boneless Buffalo Wings, Party Pack (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	4572	2690	299	64	0	571	8307	240	13	65	212	1043	15	289	14
Boneless Buffalo Wings, Party Pack (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	4606	2745	305	58	0	538	8709	245	14	67	204	781	18	98	14
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	3941	1750	194	36	0	438	16963	335	17	136	203	0	15	34	15
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	3843	1773	197	36	0	438	11739	302	15	106	206	0	15	0	14
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	3691	1730	192	36	0	438	26442	279	16	72	202	502	15	66	15
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	4440	1718	191	35	0	438	10999	478	13	276	200	0	63	0	18
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	3806	1826	203	38	0	438	16824	262	13	77	224	0	15	0	14
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	6421	4511	501	82	0	458	11070	261	14	63	215	16244	21	276	14
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	4103	1735	193	36	0	438	12532	381	16	159	202	2795	29	257	15
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	4193	1726	192	36	0	438	12845	402	17	211	203	1353	24	33	17
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	3710	1735	193	36	0	438	15416	280	20	88	205	3144	16	63	19
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	3683	1731	192	36	0	438	15413	275	19	85	204	1843	15	51	18
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	4746	2849	317	53	0	438	13541	263	17	78	203	7775	15	34	17
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	3676	1730	192	36	0	438	15121	274	19	85	204	1902	24	50	18
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	4523	1793	199	36	0	438	17061	466	13	276	205	56	16	49	16
Boneless Buffalo Wings, Party Pack (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	3861	1748	194	36	0	438	17213	310	23	105	209	2104	15	129	22
Boneless Buffalo Wings, Single (1 serving)	Bonesless - 70 Cal./Wing	701	344	38	7	0	88	1425	48	3	13	40	0	3	0	3
Boneless Buffalo Wings, Single (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	968	587	65	14	0	121	1721	48	3	13	43	261	3	72	3
Boneless Buffalo Wings, Single (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	976	600	67	13	0	113	1821	49	3	14	41	195	4	25	3
Boneless Buffalo Wings, Single (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	774	349	39	7	0	88	3065	64	3	25	41	0	3	6	3
Boneless Buffalo Wings, Single (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	757	353	39	7	0	88	2194	58	3	20	41	0	3	0	3
Boneless Buffalo Wings, Single (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	732	346	38	7	0	88	4645	54	3	14	40	84	3	11	3
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	886	344	38	7	0	88	2191	95	3	55	40	0	13	0	4
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	760	365	41	8	0	88	3342	52	3	15	45	0	3	0	3
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	1301	917	102	18	0	98	2289	52	3	13	45	3331	4	127	3
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	819	347	39	7	0	88	2493	76	3	32	40	552	6	51	3
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	837	345	38	7	0	88	2555	80	3	42	40	267	5	7	3
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	741	347	39	7	0	88	3063	56	4	17	41	621	3	12	4
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	736	346	38	7	0	88	3063	55	4	17	41	364	3	10	4
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	946	567	63	11	0	88	2693	52	3	16	41	1536	3	7	3
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	735	346	38	7	0	88	3005	55	4	17	41	376	5	10	4
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	902	358	40	7	0	88	3388	93	3	55	41	11	3	10	3
Boneless Buffalo Wings, Single (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	771	350	39	7	0	88	3418	62	5	21	42	416	3	26	4
Boneless Buffalo Wings, Six Pack (1 serving)	Bonesless - 70 Cal./Wing	421	206	23	4	0	53	855	29	2	8	24	0	2	0	2
Boneless Buffalo Wings, Six Pack (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	688	449	50	11	0	86	1151	29	2	8	27	261	2	72	2
Boneless Buffalo Wings, Six Pack (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	696	463	51	10	0	78	1251	30	2	9	25	195	2	25	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	475	210	23	4	0	53	2085	41	2	17	24	0	2	4	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	463	213	24	4	0	53	1432	37	2	13	25	0	2	0	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	444	208	23	4	0	53	3270	34	2	9	24	63	2	8	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	516	206	23	4	0	53	1249	53	2	29	24	0	7	0	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	451	217	24	4	0	53	1842	31	2	9	26	0	2	0	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	739	510	57	10	0	60	1333	31	2	8	28	1763	2	94	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	481	208	23	4	0	53	1405	43	2	17	24	285	3	26	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	491	207	23	4	0	53	1437	45	2	23	24	138	3	3	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	441	208	23	4	0	53	1699	33	2	10	24	320	2	6	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	439	207	23	4	0	53	1699	32	2	10	24	188	2	5	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	547	321	36	6	0	53	1508	31	2	9	24	791	2	3	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	438	207	23	4	0	53	1669	32	2	10	24	194	3	5	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	524	214	24	4	0	53	1866	52	2	29	25	6	2	5	2
Boneless Buffalo Wings, Six Pack (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	457	209	23	4	0	53	1882	36	3	12	25	214	2	13	2

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Boneless Buffalo Wings, Triple (1 serving)	Boneless - 70 Cal./Wing	2103	1031	115	21	0	263	4275	143	8	38	120	0	9	0	8
Boneless Buffalo Wings, Triple (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	2904	1760	196	43	0	363	5162	145	8	40	129	782	9	217	8
Boneless Buffalo Wings, Triple (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	2928	1801	200	39	0	338	5463	148	8	41	123	586	11	74	8
Boneless Buffalo Wings, Triple (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	2248	1041	116	21	0	263	7554	175	9	62	121	0	9	11	9
Boneless Buffalo Wings, Triple (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	2216	1049	117	22	0	263	5813	164	8	52	122	0	9	0	8
Boneless Buffalo Wings, Triple (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	2165	1035	115	21	0	263	10714	156	9	41	121	167	9	22	9
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	2663	1031	115	21	0	263	6595	287	8	166	120	0	38	0	11
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	2283	1095	122	23	0	263	10083	157	8	46	134	0	9	0	8
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	3861	2714	302	50	0	278	6679	156	8	38	130	9787	13	202	8
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	2461	1041	116	21	0	263	7513	228	10	96	121	1674	17	154	9
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	2515	1036	115	21	0	263	7700	241	10	126	122	810	14	20	10
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	2226	1041	116	21	0	263	9240	168	12	53	123	1883	10	38	11
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	2210	1039	115	21	0	263	9238	165	11	51	122	1104	9	31	11
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	2846	1708	190	32	0	263	8117	158	10	47	122	4656	9	20	10
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	2205	1038	115	21	0	263	9063	164	11	51	122	1139	14	30	11
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	2712	1076	120	22	0	263	10225	279	8	165	123	34	9	29	9
Boneless Buffalo Wings, Triple (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	2316	1049	117	22	0	263	10316	186	14	63	125	1260	9	77	13
Original Wings, Double (1 serving)	Original - 40 Cal./Wing	807	568	63	16	0	236	224	0	0	0	56	450	2	37	3
Original Wings, Double (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	1341	1054	117	30	0	303	815	1	0	1	62	972	2	181	3
Original Wings, Double (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	1357	1081	120	27	0	286	1016	4	1	2	58	841	3	86	3
Original Wings, Double (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	999	582	65	16	0	236	4552	43	2	33	58	450	2	52	4
Original Wings, Double (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	956	592	66	16	0	236	2254	28	1	19	59	450	2	37	3
Original Wings, Double (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	889	573	64	16	0	236	8723	18	2	4	57	671	2	66	4
Original Wings, Double (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	1182	568	63	16	0	236	1778	96	0	86	56	450	21	37	5
Original Wings, Double (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	928	611	68	17	0	236	4115	10	0	6	66	450	2	37	3
Original Wings, Double (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	1995	1705	189	35	0	248	1869	9	0	0	64	7057	5	201	3
Original Wings, Double (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	1047	575	64	16	0	236	2393	57	1	39	57	1571	8	140	4
Original Wings, Double (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	1083	571	63	16	0	236	2518	66	2	59	57	993	6	50	4
Original Wings, Double (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	889	575	64	16	0	236	3550	17	3	10	58	1712	3	62	5
Original Wings, Double (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	879	573	64	16	0	236	3549	15	3	9	58	1190	2	57	5
Original Wings, Double (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	1305	1021	113	23	0	236	2798	10	2	6	57	3569	2	50	4
Original Wings, Double (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	876	573	64	16	0	236	3432	15	2	9	58	1213	6	57	5
Original Wings, Double (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	1216	598	66	16	0	236	4210	92	0	86	58	473	2	56	4
Original Wings, Double (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	950	580	64	16	0	236	4271	29	4	17	60	1294	2	89	6
Original Wings, Party Pick (1 serving)	Original - 40 Cal./Wing	2018	1419	158	39	0	589	559	0	0	0	140	1125	5	92	7
Original Wings, Party Pick (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	3085	2392	266	68	0	723	1741	3	0	3	152	2168	5	381	7
Original Wings, Party Pick (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	3119	2446	272	63	0	690	2143	7	1	4	145	1907	8	190	8
Original Wings, Party Pick (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	2454	1451	161	40	0	589	10397	98	5	74	144	1125	5	126	9
Original Wings, Party Pick (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	2356	1475	164	40	0	589	5173	64	3	44	147	1125	5	92	7
Original Wings, Party Pick (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	2204	1431	159	40	0	589	19876	42	3	9	142	1627	6	157	9
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	2953	1419	158	39	0	589	4433	240	0	214	140	1125	53	92	12
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	2319	1527	170	42	0	589	10258	24	0	14	164	1125	5	92	7
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	4934	4213	468	86	0	609	4503	23	1	0	155	17369	11	368	8
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	2616	1436	160	40	0	590	5965	143	3	97	142	3920	19	349	9
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	2706	1428	159	40	0	589	6278	164	4	148	143	2478	14	125	11
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	2223	1437	160	40	0	589	8850	43	8	25	145	4269	7	155	12
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	2196	1432	159	40	0	589	8847	38	6	23	144	2968	5	143	12
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	3259	2550	283	57	0	589	6975	25	4	15	143	8900	5	126	10
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	2189	1432	159	40	0	589	8555	36	6	22	144	3028	14	142	12
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	3036	1494	166	40	0	589	10495	229	0	214	146	1181	6	141	9
Original Wings, Party Pick (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	2374	1449	161	40	0	589	10647	72	11	43	149	3229	5	221	16
Original Wings, Single (1 serving)	Original - 40 Cal./Wing	404	284	32	8	0	118	112	0	0	0	28	225	1	18	1
Original Wings, Single (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	671	527	59	15	0	151	407	1	0	1	31	486	1	91	1
Original Wings, Single (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	679	541	60	14	0	143	508	2	0	1	29	420	2	43	2
Original Wings, Single (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	494	290	32	8	0	118	2161	20	1	15	29	225	1	25	2
Original Wings, Single (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	474	295	33	8	0	118	1073	13	1	9	29	225	1	18	1
Original Wings, Single (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	442	286	32	8	0	118	4136	9	1	2	28	330	1	32	2
Original Wings, Single (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	588	284	32	8	0	118	877	48	0	42	28	225	11	18	2
Original Wings, Single (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	463	305	34	8	0	118	2028	5	0	3	33	225	1	18	1
Original Wings, Single (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	1004	858	95	18	0	128	976	5	0	0	33	3556	2	145	2
Original Wings, Single (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	522	287	32	8	0	118	1180	28	1	19	28	777	4	69	2
Original Wings, Single (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	540	286	32	8	0	118	1242	32	1	29	29	492	3	25	2
Original Wings, Single (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	444	287	32	8	0	118	1750	8	2	5	29	846	1	31	2
Original Wings, Single (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	439	286	32	8	0	118	1750	7	1	5	29	589	1	28	2
Original Wings, Single (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	649	507	56	11	0	118	1380	5	1	3	29	1761	1	25	2
Original Wings, Single (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	437	286	32	8	0	118	1692	7	1	4	29	601	3	28	2
Original Wings, Single (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	605	299	33	8	0	118	2075	45	0	42	29	236	1	28	2
Original Wings, Single (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	474	290	32	8	0	118	2105	14	2	8	30	641	1	44	3
Original Wings, Six Pack (1 serving)	Original - 40 Cal./Wing	242	170	19	5	0	71	67	0	0	0	17	135	1	11	1
Original Wings, Six Pack (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	509	413	46	12	0	104	363	1	0	1	20	396	1	83	1
Original Wings, Six Pack (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	517	427	47	11	0	96	463	2	0	1	18	330	1	36	1
Original Wings, Six Pack (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	288	174	19	5	0	71	1092	10	1	8	17	135	1	15	1
Original Wings, Six Pack (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	277	176	20	5	0	71	548	7	0	5	17	135	1	11	1
Original Wings, Six Pack (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	262	172	19	5	0	71	2079	4	0	1	17	187	1	18	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	337	170	19	5	0	71	461	24	0	22	17	135	6	11	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	273	181	20	5	0	71	1054	2	0	1	19	135	1	11	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	561	474	53	11	0	78	545	2	0	0	21	1898	1	105	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	303	172	19	5	0	71	617	15	0	10	17	420	2	37	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	312	171	19	5	0	71	649	17	0	15	17	273	2	14	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	263	172	19	5	0	71	911	4	1	3	17	455	1	17	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	260	172	19	5	0	71	911	4	1	2	17	323	1	16	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	368	285	32	7	0	71	720	3	0	2	17	927	1	14	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	260	172	19	5	0	71	881	4	1	2	17	329	2	16	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	346	178	20	5	0	71	1079	23	0	22	17	141	1	16	1
Original Wings, Six Pack (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	278	173	19	5	0	71	1094	7	1	4	18	349	1	24	2

TACO MAC Nutritional Information

Original Wings, Triple (1 serving)	Original - 40 Cal./Wing	1211	851	95	24	0	354	335	0	0	0	84	675	3	55	4
Original Wings, Triple (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	2012	1581	176	45	0	454	1222	2	0	2	93	1457	3	272	4
Original Wings, Triple (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	2036	1622	180	41	0	429	1523	5	1	3	87	1261	5	129	5
Original Wings, Triple (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	1483	871	97	24	0	354	6484	61	3	46	86	675	3	76	5
Original Wings, Triple (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	1422	886	98	24	0	354	3219	40	2	27	88	675	3	55	4
Original Wings, Triple (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	1327	859	95	24	0	354	12408	26	2	6	85	989	4	96	5
Original Wings, Triple (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	1771	851	95	24	0	354	2655	144	0	128	84	675	32	55	7
Original Wings, Triple (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	1391	916	102	25	0	354	6143	14	0	9	99	675	3	55	4
Original Wings, Triple (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	2969	2535	282	52	0	369	2740	14	1	0	94	10462	7	257	5
Original Wings, Triple (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	1569	862	96	24	0	354	3573	86	2	58	85	2349	12	209	5
Original Wings, Triple (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	1623	857	95	24	0	354	3760	98	2	89	86	1485	9	75	6
Original Wings, Triple (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	1334	862	96	24	0	354	5300	26	5	15	87	2558	4	93	7
Original Wings, Triple (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	1317	859	95	24	0	354	5298	23	4	14	86	1779	3	86	7
Original Wings, Triple (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	1954	1529	170	34	0	354	4177	15	3	9	86	5331	3	76	6
Original Wings, Triple (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	1313	859	95	24	0	354	5123	22	4	13	86	1814	8	85	7
Original Wings, Triple (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	1820	897	100	24	0	354	6285	137	0	128	87	709	4	85	6
Original Wings, Triple (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	1424	870	97	24	0	354	6376	43	6	25	90	1935	3	132	10
Roasted Wings, Double (1 serving)	Roasted - 38 Cal./Wing	755	448	50	14	0	236	2431	15	3	4	58	2668	4	75	4
Roasted Wings, Double (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	1289	934	104	28	0	303	3022	17	3	6	64	3190	4	219	4
Roasted Wings, Double (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	1305	962	107	25	0	286	3223	19	3	6	60	3059	5	124	4
Roasted Wings, Double (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	947	462	51	14	0	236	6760	58	5	37	59	2668	4	90	5
Roasted Wings, Double (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	903	473	53	14	0	236	4461	43	4	23	61	2668	4	75	4
Roasted Wings, Double (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	837	453	50	14	0	236	10931	33	4	8	59	2889	4	104	5
Roasted Wings, Double (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	1130	448	50	14	0	236	3985	112	3	90	58	2668	23	75	6
Roasted Wings, Double (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	875	491	55	15	0	236	6322	25	3	10	67	2668	4	75	4
Roasted Wings, Double (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	1943	1585	176	34	0	248	4076	24	3	4	65	9275	6	239	4
Roasted Wings, Double (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	995	455	51	14	0	236	4600	73	4	43	59	3790	10	178	5
Roasted Wings, Double (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	1031	452	50	14	0	236	4726	81	4	64	59	3211	7	88	5
Roasted Wings, Double (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	837	455	51	14	0	236	5758	32	6	14	60	3930	4	100	6
Roasted Wings, Double (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	826	453	50	14	0	236	5756	30	5	13	59	3408	4	95	6
Roasted Wings, Double (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	1253	902	100	21	0	236	5005	25	4	10	59	5788	4	88	5
Roasted Wings, Double (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	823	453	50	14	0	236	5639	30	5	13	59	3432	7	95	6
Roasted Wings, Double (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	1163	478	53	14	0	236	6417	107	3	90	60	2691	4	94	5
Roasted Wings, Double (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	898	460	51	14	0	236	6478	44	7	21	61	3512	4	126	7
Roasted Wings, Party Pack (1 serving)	Roasted - 38 Cal./Wing	1887	1120	124	35	0	589	6078	38	7	10	144	6671	10	187	10
Roasted Wings, Party Pack (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	2954	2093	233	64	0	723	7260	41	7	13	157	7714	10	476	10
Roasted Wings, Party Pack (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	2988	2147	239	58	0	690	7662	45	8	14	149	7452	12	285	10
Roasted Wings, Party Pack (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	2323	1152	128	35	0	589	15916	136	12	84	148	6671	10	221	12
Roasted Wings, Party Pack (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	2225	1176	131	36	0	589	10692	102	10	54	151	6671	10	187	10
Roasted Wings, Party Pack (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	2073	1132	126	35	0	589	25395	80	10	19	146	7173	10	252	12
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	2822	1120	124	35	0	589	9952	278	7	224	144	6671	58	187	15
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	2188	1228	136	37	0	589	15777	62	7	25	168	6671	10	187	10
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	4803	3914	435	82	0	609	10022	61	8	11	159	22915	16	463	10
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	2485	1137	126	35	0	590	11484	181	10	107	146	9466	24	444	12
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	2575	1129	125	35	0	589	11797	202	11	159	147	8024	19	220	13
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	2092	1138	127	35	0	589	14369	81	14	36	149	9815	11	250	15
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	2065	1133	126	35	0	589	14366	76	13	33	148	8514	10	238	15
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	3128	2251	250	53	0	589	12494	63	11	26	147	14446	10	221	13
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	2058	1133	126	35	0	589	14074	74	13	33	148	8573	18	237	14
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	2905	1195	133	35	0	589	16014	267	7	224	150	6727	10	236	12
Roasted Wings, Party Pack (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	2243	1150	128	36	0	589	16166	110	17	53	154	8775	10	316	19
Roasted Wings, Single (1 serving)	Roasted - 38 Cal./Wing	377	224	25	7	0	118	1216	8	1	2	29	1334	2	37	2
Roasted Wings, Single (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	644	467	52	14	0	151	1511	8	1	3	32	1595	2	110	2
Roasted Wings, Single (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	652	481	53	13	0	143	1612	9	2	3	30	1530	3	62	2
Roasted Wings, Single (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	468	231	26	7	0	118	3265	28	2	17	30	1334	2	44	2
Roasted Wings, Single (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	448	236	26	7	0	118	2177	21	2	11	30	1334	2	37	2
Roasted Wings, Single (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	416	227	25	7	0	118	5240	16	2	4	29	1439	2	51	2
Roasted Wings, Single (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	562	224	25	7	0	118	1981	55	1	44	29	1334	11	37	3
Roasted Wings, Single (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	437	245	27	7	0	118	3132	12	1	5	34	1334	2	37	2
Roasted Wings, Single (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	978	798	89	17	0	128	2080	12	2	2	34	4665	3	164	2
Roasted Wings, Single (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	496	227	25	7	0	118	2284	36	2	21	29	1886	5	88	2
Roasted Wings, Single (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	513	226	25	7	0	118	2346	40	2	31	29	1602	4	44	3
Roasted Wings, Single (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	418	228	25	7	0	118	2854	16	3	7	30	1955	2	50	3
Roasted Wings, Single (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	413	227	25	7	0	118	2853	15	3	7	30	1698	2	47	3
Roasted Wings, Single (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	623	448	50	11	0	118	2483	13	2	5	29	2871	2	44	3
Roasted Wings, Single (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	411	227	25	7	0	118	2796	15	3	6	30	1710	4	47	3
Roasted Wings, Single (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	579	239	27	7	0	118	3179	53	1	44	30	1345	2	47	2
Roasted Wings, Single (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	448	230	26	7	0	118	3209	22	3	10	31	1750	2	63	4
Roasted Wings, Six Pack (1 serving)	Roasted - 38 Cal./Wing	226	134	15	4	0	71	729	5	1	1	17	801	1	22	1
Roasted Wings, Six Pack (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	493	378	42	11	0	104	1025	5	1	2	20	1061	1	95	1
Roasted Wings, Six Pack (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	502	391	43	10	0	96	1125	6	1	2	18	996	2	47	1
Roasted Wings, Six Pack (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	272	138	15	4	0	71	1754	15	1	9	18	801	1	26	1
Roasted Wings, Six Pack (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	262	140	16	4	0	71	1210	11	1	6	18	801	1	22	1
Roasted Wings, Six Pack (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	246	136	15	4	0	71	2742	9	1	2	18	853	1	29	1
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	322	134	15	4	0	71	1124	29	1	23	17	801	6	22	2
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	257	145	16	4	0	71	1717	7	1	3	20	801	1	22	1
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	545	438	49	10	0	78	1207	7	1	1	21	2563	2	116	1
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	287	136	15	4	0	71	1280	19	1	11	18	1085	3	49	1
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	296	135	15	4	0	71	1312	21	1	16	18	938	2	26	2
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	247	136	15	4	0	71	1573	9	2	4	18	1121	1	29	2
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	245	136	15	4	0	71	1573	8	1	4	18	988	1	28	2
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	353	250	28	6	0	71	1382	7	1	3	18	1592	1	26	2
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	244	136	15	4	0	71	1543	8	1	4	18	994	2	27	2
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	330	142	16	4	0	71	1741	28	1	23	18	806	1	27	1
Roasted Wings, Six Pack (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	263	137	15	4	0	71	1756	12	2	6	18	1015	1</		

TACO MAC Nutritional Information

Roasted Wings, Triple (1 serving)	Roasted - 38 Cal./Wing	1132	672	75	21	0	354	3647	23	4	6	87	4003	6	112	6
Roasted Wings, Triple (1 serving) with Dressing Choice Bleu Cheese	267 per 2 oz. serving	1933	1402	156	43	0	454	4533	25	4	8	96	4785	6	329	6
Roasted Wings, Triple (1 serving) with Dressing Choice Ranch	275 per 2 oz. serving	1957	1442	160	38	0	429	4835	28	5	9	90	4589	8	186	6
Roasted Wings, Triple (1 serving) with Wing Rub Choice Chili Mango	9 Cal./Wing	1405	692	77	21	0	354	9795	84	7	52	89	4003	6	133	7
Roasted Wings, Triple (1 serving) with Wing Rub Choice Korean Black Garlic	7 Cal./Wing	1343	707	79	21	0	354	6531	63	6	34	91	4003	6	112	6
Roasted Wings, Triple (1 serving) with Wing Rub Choice Lemon Pepper	4 Cal./Wing	1249	680	76	21	0	354	15720	49	6	12	88	4316	6	153	7
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Sweet Baby Ray's BBQ™	19 Cal./Wing	1692	672	75	21	0	354	5967	167	4	134	87	4003	35	112	9
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Death Sauce	6 Cal./Wing	1312	737	82	22	0	354	9455	37	4	15	101	4003	6	112	6
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Garlic Parmesan	60 Cal. Wing	2890	2356	262	50	0	369	6051	37	5	6	97	13790	9	314	6
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Habanero BBQ	12 Cal. Wing	1490	682	76	21	0	354	6884	108	6	64	88	5676	14	266	7
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Honey Chipotle	14 Cal./Wing	1544	677	75	21	0	354	7072	121	7	95	88	4813	11	132	8
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Hot Buffalo	4 Cal./Wing	1255	683	76	21	0	354	8611	48	9	21	89	5885	7	150	9
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Medium Buffalo	4 Cal./Wing	1239	680	76	21	0	354	8610	45	8	20	89	5106	6	143	9
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Mild Buffalo	25 Cal./Wing	1875	1349	150	32	0	354	7489	38	7	15	88	8658	6	132	8
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Slow Burn	3 Cal./Wing	1235	680	76	21	0	354	8435	45	8	20	89	5142	11	142	9
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Sweet Chili Sesame	20 Cal./Wing	1742	717	80	21	0	354	9596	160	4	134	90	4036	6	142	7
Roasted Wings, Triple (1 serving) with Wing Sauce Choice Three Mile Island	7 Cal./Wing	1345	690	77	21	0	354	9687	66	10	32	92	5262	6	189	11

Side Salads	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Caesar Salad (1 serving)	479	479	398	44	7	0	35	1097	15	2	1	7	4126	17	128	1
House Salad (1 serving)	165	165	68	8	3	0	15	320	17	2	3	8	4325	22	159	1
House Salad (1 serving) with Blue Cheese Dressing	432	312	35	11	0	48	616	18	2	4	12	4586	22	231	1	
House Salad (1 serving) with Buffalo Ranch Dressing	379	262	29	8	0	34	928	20	3	4	9	4540	23	179	2	
House Salad (1 serving) with Caesar Dressing	545	428	48	9	0	45	1140	19	2	3	10	4325	22	199	1	
House Salad (1 serving) with Fat Free Balsamic Vinaigrette	205	68	8	3	0	15	840	27	2	9	8	4325	22	159	1	
House Salad (1 serving) with Honey Mustard	450	274	30	6	0	25	612	36	3	19	9	4331	22	173	2	
House Salad (1 serving) with Olive Oil Vinaigrette	285	176	20	5	0	15	780	23	2	7	8	4325	22	159	1	
House Salad (1 serving) with Ranch Dressing	440	325	36	9	0	40	716	19	3	4	10	4520	23	183	1	
Wedge (1 serving)	614	614	537	60	17	0	81	858	4	1	3	11	1060	5	197	0

Entree Salads	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Buffalo Fried Chicken Salad (1 serving)	650	650	132	15	4	0	111	3222	74	7	6	52	7139	37	189	8
Buffalo Fried Chicken Salad (1 serving) with Blue Cheese Dressing		917	376	42	12	0	145	3517	75	7	7	55	7400	37	262	8
Buffalo Fried Chicken Salad (1 serving) with Buffalo Ranch Dressing		864	325	36	9	0	130	3829	77	7	8	53	7354	37	210	8
Buffalo Fried Chicken Salad (1 serving) with Caesar Dressing		1030	492	55	10	0	141	4042	76	7	6	54	7139	37	229	8
Buffalo Fried Chicken Salad (1 serving) with Fat Free Balsamic Vinaigrette		690	132	15	4	0	111	3742	84	7	12	52	7139	37	189	8
Buffalo Fried Chicken Salad (1 serving) with Honey Mustard		935	338	38	7	0	121	3513	92	7	22	53	7145	37	204	8
Buffalo Fried Chicken Salad (1 serving) with Olive Oil Vinaigrette		770	240	27	6	0	111	3682	80	7	10	52	7139	37	189	8
Buffalo Fried Chicken Salad (1 serving) with Ranch Dressing		925	389	43	10	0	136	3618	76	7	7	53	7334	37	214	8
Buffalo Grilled Chicken Salad (1 serving)	296	296	59	7	3	0	111	1047	11	4	5	45	6726	36	162	4
Buffalo Grilled Chicken Salad (1 serving) with Blue Cheese Dressing		563	303	34	10	0	145	1342	11	4	6	48	6987	36	234	4
Buffalo Grilled Chicken Salad (1 serving) with Buffalo Ranch Dressing		510	252	28	7	0	130	1654	14	5	7	46	6941	37	182	4
Buffalo Grilled Chicken Salad (1 serving) with Caesar Dressing		676	419	47	9	0	141	1867	13	4	5	47	6726	36	202	4
Buffalo Grilled Chicken Salad (1 serving) with Fat Free Balsamic Vinaigrette		336	59	7	3	0	111	1567	21	4	11	45	6726	36	162	4
Buffalo Grilled Chicken Salad (1 serving) with Honey Mustard		581	265	29	6	0	121	1338	29	5	22	46	6731	36	176	4
Buffalo Grilled Chicken Salad (1 serving) with Olive Oil Vinaigrette		416	167	19	5	0	111	1507	17	4	9	45	6726	36	162	4
Buffalo Grilled Chicken Salad (1 serving) with Ranch Dressing		571	316	35	9	0	136	1443	13	5	6	46	6921	37	186	4
Cobb Salad (1 serving)	672	672	354	39	12	0	225	3037	14	8	4	61	6769	41	246	4
Cobb Salad (1 serving) with Blue Cheese Dressing		939	598	66	19	0	259	3332	15	8	4	64	7030	41	318	4
Cobb Salad (1 serving) with Buffalo Ranch Dressing		886	547	61	16	0	244	3644	17	9	5	62	6984	41	266	4
Cobb Salad (1 serving) with Caesar Dressing		1052	714	79	18	0	255	3857	16	8	4	63	6769	41	286	4
Cobb Salad (1 serving) with Fat Free Balsamic Vinaigrette		712	354	39	12	0	225	3557	24	8	10	61	6769	41	246	4
Cobb Salad (1 serving) with Honey Mustard		958	560	62	15	0	235	3328	32	9	20	62	6775	41	260	4
Cobb Salad (1 serving) with Olive Oil Vinaigrette		792	462	51	14	0	225	3497	20	8	8	61	6769	41	246	4
Cobb Salad (1 serving) with Ranch Dressing		947	611	68	18	0	250	3433	16	9	5	62	6964	41	270	4
Fried Monterey Chicken Salad (1 serving)	Not on Menu	926	229	25	10	0	136	2916	101	13	4	71	6982	32	391	10
Fried Monterey Chicken Salad (1 serving) with Blue Cheese Dressing		1193	472	52	17	0	170	3212	102	13	5	74	7243	32	463	10
Fried Monterey Chicken Salad (1 serving) with Buffalo Ranch Dressing		1139	422	47	14	0	155	3523	104	13	6	72	7198	33	411	10
Fried Monterey Chicken Salad (1 serving) with Caesar Dressing		1306	589	65	16	0	166	3736	103	13	4	73	6982	32	431	10
Fried Monterey Chicken Salad (1 serving) with Fat Free Balsamic Vinaigrette		966	229	25	10	0	136	3436	111	13	10	71	6982	32	391	10
Fried Monterey Chicken Salad (1 serving) with Honey Mustard		1211	434	48	13	0	146	3208	120	13	21	71	6988	32	406	10
Fried Monterey Chicken Salad (1 serving) with Olive Oil Vinaigrette		1046	337	37	12	0	136	3376	107	13	8	71	6982	32	391	10
Fried Monterey Chicken Salad (1 serving) with Ranch Dressing		1201	486	54	16	0	161	3312	103	13	5	72	7178	33	416	10
Grilled Chicken Caesar Salad (1 serving)	1138	1138	814	90	15	0	169	2376	29	3	2	53	6278	27	262	2
Grilled Monterey Chicken Salad (1 serving)	578	578	156	17	8	0	136	2388	39	11	4	64	6577	32	373	6
Grilled Monterey Chicken Salad (1 serving) with Blue Cheese Dressing		845	400	44	16	0	170	2684	40	11	4	67	6838	32	445	6
Grilled Monterey Chicken Salad (1 serving) with Buffalo Ranch Dressing		791	350	39	13	0	155	2996	42	11	5	65	6793	32	393	6
Grilled Monterey Chicken Salad (1 serving) with Caesar Dressing		958	516	57	14	0	166	3208	41	11	4	66	6577	32	413	6
Grilled Monterey Chicken Salad (1 serving) with Fat Free Balsamic Vinaigrette		618	156	17	8	0	136	2908	49	11	10	64	6577	32	373	6
Grilled Monterey Chicken Salad (1 serving) with Honey Mustard		863	362	40	12	0	146	2680	58	11	20	65	6583	32	387	6
Grilled Monterey Chicken Salad (1 serving) with Olive Oil Vinaigrette		698	264	29	10	0	136	2848	45	11	8	64	6577	32	373	6
Grilled Monterey Chicken Salad (1 serving) with Ranch Dressing		853	413	46	14	0	161	2784	41	11	5	65	6773	33	398	6
Grilled Shrimp Caesar Salad (1 serving)	1053	1053	811	90	14	0	218	2913	31	3	2	34	6635	28	305	4
Grilled Steak Caesar Salad (1 serving)	Not on Menu	1299	997	111	23	0	172	3108	29	3	2	48	6243	25	261	5
Shrimp Avocado & Mango Salad (1 serving)	612	612	175	19	5	0	310	2033	52	17	8	57	7599	57	353	10
Shrimp Avocado & Mango Salad (1 serving) with Blue Cheese Dressing		879	418	46	12	0	344	2329	53	17	9	60	7860	57	425	10
Shrimp Avocado & Mango Salad (1 serving) with Buffalo Ranch Dressing		825	368	41	9	0	329	2640	55	17	10	58	7815	58	373	11
Shrimp Avocado & Mango Salad (1 serving) with Caesar Dressing		992	535	59	11	0	340	2853	54	17	8	59	7599	57	393	10
Shrimp Avocado & Mango Salad (1 serving) with Fat Free Balsamic Vinaigrette		652	175	19	5	0	310	2553	62	17	14	57	7599	57	353	10
Shrimp Avocado & Mango Salad (1 serving) with Honey Mustard		897	381	42	8	0	320	2325	71	18	24	58	7605	57	367	11
Shrimp Avocado & Mango Salad (1 serving) with Olive Oil Vinaigrette		732	283	31	7	0	310	2493	58	17	12	57	7599	57	353	10
Shrimp Avocado & Mango Salad (1 serving) with Ranch Dressing		887	432	48	11	0	336	2429	54	17	9	58	7795	58	377	10
Salad Dressing Range	40 - 285															

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Chilli and Soups*	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Chicken Tortilla Soup, Bowl (1 bowl)	216	216	70	8	0	0	25	910	25	1	1	14	582	15	25	0
Chicken Tortilla Soup, Bowl (1 bowl) with Saltines		264	81	9	0	0	25	1062	33	1	1	15	582	15	25	1
Chicken Tortilla Soup, Cup (1 bowl)	174	174	59	7	0	0	17	656	20	1	1	10	412	11	25	0
Chicken Tortilla Soup, Cup (1 bowl) with Saltines		198	64	7	0	0	17	732	25	1	1	10	412	11	25	0
Taco Mac Chilli, Bowl (1 bowl)	358	358	123	14	5	0	54	792	35	8	6	22	383	9	144	3
Taco Mac Chilli, Bowl (1 bowl) with Saltines		406	134	15	5	0	54	944	44	8	6	23	383	9	144	4
Taco Mac Chilli, Cup (1 bowl)	268	268	92	10	4	0	39	581	27	5	4	16	312	6	121	2
Taco Mac Chilli, Cup (1 bowl) with Saltines		292	98	11	4	0	39	657	31	5	4	16	312	6	121	3
*Chips are just a garnish on top of product and are part of the line build.																

Quesadillas	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Grilled Chicken Quesadillas (1 serving)	1136	1117	557	62	33	0	244	3639	65	9	10	67	4087	82	932	5
Grilled Chicken Quesadillas (1 serving) with House-Made Salsa		1136	558	62	33	0	244	3950	70	10	12	68	4303	93	955	6
Grilled Steak Quesadillas (1 serving)	1220	1201	667	74	38	0	237	4413	66	9	9	61	4063	80	930	7
Grilled Steak Quesadillas (1 serving) with House-Made Salsa		1220	667	74	38	0	237	4724	70	10	12	62	4279	91	953	7
Grilled Vegetable & Cilantro Black Bean Quesadillas (1 serving)	1210	1191	569	63	33	0	175	2532	97	17	12	53	4237	82	977	7
Grilled Vegetable & Cilantro Black Bean Quesadillas (1 serving) with House-Made Salsa		1210	569	63	33	0	175	2842	102	18	14	53	4453	94	1000	8

Hand Crafted Tacos	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Classic Street Taco (1 serving)	372 per Taco	372	190	21	11	0	71	931	21	1	1	22	734	6	240	4
420 Beer Battered Fish Tacos, One Taco (1 serving)	260 per Taco	260	119	13	3	0	11	578	27	1	2	6	513	11	58	2
Buffalo Chicken Tacos, One Taco (1 serving)	453 per Taco	453	120	13	4	0	59	2153	53	2	3	27	853	7	119	4
Chicken Fajita Tacos, One Taco (1 serving)	192 per Taco	192	51	6	3	0	31	884	20	1	1	13	313	29	104	2
Grilled Shrimp and Mango Tacos, One Taco (1 serving)	262 per Taco	262	119	13	3	0	78	729	22	1	2	13	664	13	84	3
Steak Fajita Tacos, One Taco (1 serving)	221 per Taco	221	88	10	5	0	28	1148	20	1	1	11	306	29	103	2

Wrapped & Stacked	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Fried Buffalo Chicken Sandwich (1 serving)	G 521-544 F 869-892	609	130	14	4	0	111	3206	67	3	3	50	1730	9	132	6
Fried Buffalo Chicken Sandwich (1 serving) with Bread Choice Brioche Bun		869	161	18	6	0	111	3596	116	5	10	58	1730	11	152	8
Fried Buffalo Chicken Sandwich (1 serving) with Bread Choice Gluten Free Bun		839	184	20	4	0	111	3646	106	8	9	56	1730	9	172	6
Fried Buffalo Chicken Sandwich (1 serving) with Bread Choice Hoagie Roll		892	211	23	6	0	111	3676	110	5	4	56	2098	12	152	8
Grilled Buffalo Chicken Sandwich (1 serving)		261	57	6	3	0	111	2678	5	1	2	43	1325	8	113	2
Grilled Buffalo Chicken Sandwich (1 serving) with Bread Choice Brioche Bun		521	89	10	5	0	111	3068	54	3	9	51	1325	11	133	4
Grilled Buffalo Chicken Sandwich (1 serving) with Bread Choice Gluten Free Bun		491	111	12	3	0	111	3118	44	6	8	49	1325	8	153	2
Grilled Buffalo Chicken Sandwich (1 serving) with Bread Choice Hoagie Roll		544	138	15	5	0	111	3148	48	3	3	49	1693	12	133	4
Fried Chicken Bacon & Avocado Sandwich (1 serving)	G 1090-1113 F 1178-1201	918	390	43	12	0	146	3287	71	6	3	59	1866	13	272	6
Fried Chicken Bacon & Avocado Sandwich (1 serving) with Bread Choice Brioche Bun		1178	421	47	13	0	146	3677	120	8	10	67	1866	15	292	8
Fried Chicken Bacon & Avocado Sandwich (1 serving) with Bread Choice Gluten Free Bun		1148	444	49	12	0	146	3727	110	11	9	65	1866	13	312	6
Fried Chicken Bacon & Avocado Sandwich (1 serving) with Bread Choice Hoagie Roll		1201	471	52	14	0	146	3757	114	8	4	65	2233	16	292	8
Grilled Chicken Bacon & Avocado Sandwich (1 serving)		830	349	39	12	0	146	3149	58	6	9	60	1461	15	274	5
Grilled Chicken Bacon & Avocado Sandwich (1 serving) with Bread Choice Brioche Bun		1090	381	42	13	0	146	3539	107	8	16	68	1461	17	294	7
Grilled Chicken Bacon & Avocado Sandwich (1 serving) with Bread Choice Gluten Free Bun		1060	403	45	12	0	146	3589	97	11	15	66	1461	15	314	5
Grilled Chicken Bacon & Avocado Sandwich (1 serving) with Bread Choice Hoagie Roll		1113	430	48	14	0	146	3619	101	8	10	66	1828	18	294	7
Fried Hollywood Chicken Sandwich (1 serving)	G 942-965 F 1263-1316	1033	309	34	10	0	134	4129	112	5	4	66	1114	8	273	9
Fried Hollywood Chicken Sandwich (1 serving) with Bread Choice Brioche Bun		1293	341	38	12	0	134	4519	161	7	11	74	1114	11	293	11
Fried Hollywood Chicken Sandwich (1 serving) with Bread Choice Gluten Free Bun		1263	363	40	10	0	134	4569	151	10	10	72	1114	8	313	9
Fried Hollywood Chicken Sandwich (1 serving) with Bread Choice Hoagie Roll		1316	390	43	12	0	134	4599	155	7	5	72	1482	12	293	11
Grilled Hollywood Chicken Sandwich (1 serving)		682	361	40	10	0	144	1776	24	2	19	54	339	4	240	2
Grilled Hollywood Chicken Sandwich (1 serving) with Bread Choice Brioche Bun		942	392	44	11	0	144	2166	73	4	26	62	339	7	260	5
Grilled Hollywood Chicken Sandwich (1 serving) with Bread Choice Gluten Free Bun		912	415	46	10	0	144	2216	63	7	25	60	339	4	280	2
Grilled Hollywood Chicken Sandwich (1 serving) with Bread Choice Hoagie Roll		965	442	49	12	0	144	2246	67	4	20	60	707	8	260	5
Chicken Philly (1 serving)	632	632	206	23	9	0	116	3661	54	4	6	49	1519	66	399	4
Chicken Philly (1 serving) with Add Roasted Whole Mushrooms	Add Shrooms 42	674	224	25	10	0	116	4237	58	5	7	52	1613	68	403	5
South Street Philly Cheese Steak (1 serving)	787	787	345	38	15	0	103	2509	53	4	5	53	1650	64	409	6
South Street Philly Cheese Steak (1 serving) with Add Roasted Whole Mushrooms	Add Shrooms 42	829	364	40	15	0	103	3085	57	5	7	56	1744	66	413	7
Grilled Chicken Ranch Wrap (1 serving)	628	628	219	24	6	0	111	3031	50	4	3	49	3062	17	79	5
Shrimp Guac & Mango Wrap (1 serving)	650	650	177	20	4	0	295	4340	68	10	7	51	4998	42	231	12
Southwest Wrap (1 serving)	587	587	104	12	3	0	99	3763	62	7	5	52	3333	25	156	9

TACO MAC Nutritional Information



Premium Side Items	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Broccoli Queso Casserole (1 serving)	536	536	401	45	19	0	71	1438	9	3	2	22	6095	133	520	1
Mexican Street Corn (1 serving)	275	275	122	14	6	0	29	429	27	4	6	7	608	13	101	1
Onion Rings (1 serving)	699	424	2	0	0	0	0	3335	94	6	20	9	283	11	13	1
Onion Rings (1 serving) with Ranch		699	259	29	6	0	25	3731	96	7	21	10	478	12	38	1
Oven-Baked Macaroni and Cheese (1 serving)	292	292	156	17	9	0	43	794	24	0	0	9	697	0	180	1
Roasted Parmesan Zucchini (1 serving)	133	133	109	12	2	0	5	1223	4	1	2	3	307	17	84	0
Roasted Whole Mushrooms (1 serving)	85	85	37	4	1	0	0	1151	7	2	3	5	218	4	10	1
Sweet Potato Fries (1 serving)	374	374	140	16	2	0	0	1293	53	8	20	3	12094	13	58	1

Classic Side Items	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Black Beans (1 serving)	206	206	30	3	0	0	0	965	25	8	3	8	347	11	210	10
French Fries (1 serving)	347	347	140	16	3	0	0	933	48	6	1	5	94	20	4	2
Fresh Broccoli (1 serving)	220	220	173	19	3	0	0	309	8	3	2	4	5233	132	69	1
Vidalia Slaw (1 serving)	274	274	163	18	3	0	0	244	25	3	22	2	1138	35	93	1
Seasonal Fruit (1 serving)	66	66	2	0	0	0	0	1	16	3	12	0	62	5	7	0
Tater Tots (1 serving)	298	298	146	16	4	0	0	2197	33	4	0	4	8	4	10	1

Desserts	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Caramel Chocolate Chimi (1 serving)	1309	1309	537	60	35	0	190	947	173	3	118	21	1500	0	399	4
Colossal Chocolate Cake (1 serving)	1040	1040	531	59	30	0	125	770	112	6	73	13	1000	0	150	9
Key Lime Pie (1 serving)	311	311	126	14	7	0	27	167	42	1	33	5	338	6	136	1
New York Style Cheesecake (1 serving)	860	860	513	57	32	3	290	750	74	2	57	14	1750	3	153	2
Chocolate Stout Pie (1 serving)	410	410	189	21	9	0	35	280	49	1	36	6	750	1	150	1

Kids Menu Items	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Kid Burger (1 serving)	515	42	1	0	0	0	0	320	10	0	8	0	160	2	5	0
Kid Burger (1 serving) with Bun Choice Gluten Free		272	55	6	0	0	0	760	49	5	14	6	160	2	45	0
Kid Burger (1 serving) with Bun Choice Regular		302	32	4	2	0	0	710	59	2	15	8	160	5	25	3
Kid Burger (1 serving) with Burger Patty Choice Beef Burger		255	125	14	5	0	70	1201	10	1	8	20	164	2	29	2
Kid Burger (1 serving) with Burger Patty Choice Fried Chicken		584	93	10	2	0	99	2695	73	3	9	47	613	5	53	5
Kid Burger (1 serving) with Burger Patty Choice Grilled Chicken		230	20	2	1	0	99	520	10	1	8	40	200	4	25	1
Kid Burger (1 serving) with Burger Patty Choice Turkey Burger	Include 188 for Sub	288	109	12	3	0	125	2367	13	1	8	33	168	2	35	2
Kid Burger (1 serving) with Rice Krispy Treat	Include 246 for Sub Cheese 44 - 140	92	13	1	1	0	0	377	19	0	12	0	268	2	5	0
Kid Corn Dogs (1 serving)	421	421	240	27	8	0	35	928	32	0	12	12	0	0	105	3
Kid Corn Dogs (1 serving) with Honey Mustard	285	706	446	50	11	0	45	1219	50	1	29	13	6	0	119	3
Kid Corn Dogs (1 serving) with Rice Krispy Treat		471	253	28	8	0	35	984	41	0	17	12	108	0	105	3
Kid Grilled Cheese (1 serving)	383	383	165	18	6	0	33	877	40	2	2	11	701	2	207	2
Kid Grilled Cheese (1 serving) with Rice Krispy Treat		433	177	20	7	0	33	934	49	2	6	11	809	2	207	2
Kid Grilled Chicken Tenders (1 serving)	G 192 / F 543 Cal.	192	19	2	1	0	99	1024	1	0	0	39	44	2	25	1
Kid Grilled Chicken Tenders (1 serving) with Dressing Choice Blue Cheese	Honey Mustard 285	459	263	29	8	0	132	1319	2	0	1	42	305	2	97	1
Kid Grilled Chicken Tenders (1 serving) with Dressing Choice Honey Mustard		477	225	25	4	0	109	1315	19	1	17	40	49	2	39	2
Kid Grilled Chicken Tenders (1 serving) with Dressing Choice Ranch		467	276	31	6	0	124	1420	3	1	1	41	239	3	49	1
Kid Grilled Chicken Tenders (1 serving) with Rice Krispy Treat		242	32	4	1	0	99	1081	10	0	5	39	152	2	25	2
Kid Hand Breaded Tenders (1 serving)		543	92	10	2	0	99	2375	64	2	1	46	453	2	47	5
Kid Hand Breaded Tenders (1 serving) with Dressing Choice Blue Cheese		810	336	37	9	0	132	2961	65	2	2	49	714	2	119	5
Kid Hand Breaded Tenders (1 serving) with Dressing Choice Honey Mustard		828	298	33	5	0	109	2666	82	3	17	47	459	2	62	6
Kid Hand Breaded Tenders (1 serving) with Dressing Choice Ranch		818	349	39	7	0	124	2771	66	3	2	48	648	3	71	5
Kid Hand Breaded Tenders (1 serving) with Rice Krispy Treat		593	104	12	2	0	99	2432	73	2	5	46	561	2	47	5
Kid Mac and Cheese (1 serving)	300	300	81	9	3	0	10	650	44	2	8	10	0	0	150	2
Kid Mac and Cheese (1 serving) with Rice Krispy Treat		350	93	10	3	0	10	707	53	2	12	10	108	0	150	2
Kid Nuggets (1 serving)	351	351	172	19	4	0	44	713	24	1	6	20	0	2	0	1
Kid Nuggets (1 serving) with Dressing Choice Blue Cheese	Dressing 267 - 285	618	416	46	11	0	77	1008	25	1	7	23	261	2	72	1
Kid Nuggets (1 serving) with Dressing Choice Honey Mustard		636	377	42	7	0	54	1004	42	2	23	21	6	2	14	2
Kid Nuggets (1 serving) with Dressing Choice Ranch		626	429	48	9	0	69	1109	26	2	7	22	195	3	24	1
Kid Nuggets (1 serving) with Rice Krispy Treat		401	184	20	4	0	44	769	33	1	11	20	108	2	0	2
Kid Quesadilla (1 serving)	701	559	329	37	21	0	90	1101	27	1	0	31	1060	0	709	2
Kid Quesadilla (1 serving) with Add Grilled Chicken		657	339	38	22	0	139	2358	28	1	1	51	1088	1	723	2
Kid Quesadilla (1 serving) with Add Taco Beef		729	422	47	25	0	138	1431	31	2	1	46	1389	3	750	4
Kid Quesadilla (1 serving) with Rice Krispy Treat		609	341	38	22	0	90	1157	36	1	5	31	1168	0	709	2
Kid Quesadilla (1 serving) with Tortilla Chip Choice Gluten Free		850	466	52	23	0	90	1631	63	5	0	35	1060	0	789	4
Kid Quesadilla (1 serving) with Tortilla Chip Choice Regular		701	355	39	21	0	90	1404	53	1	3	34	1060	0	766	2

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Signature Cocktails	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Cucumber Limeade (1 drink)	189	189	0	0	0	0	0	4	24	0	22	0	8	13	2	0
Deep Eddy Mule (1 drink)	42 - 149	42	0	0	0	0	0	0	10	0	8	0	13	8	6	0
Deep Eddy Mule (1 drink) with Deep Eddy Lemon Vodka		140	0	0	0	0	0	0	16	0	14	0	13	8	6	0
Deep Eddy Mule (1 drink) with Deep Eddy Peach Vodka		149	0	0	0	0	0	0	24	0	20	0	13	8	6	0
Deep Eddy Mule (1 drink) with Deep Eddy Ruby Red Grapefruit Vodka		143	0	0	0	0	0	0	21	0	14	0	13	8	6	0
Georgia Peach Tea (1 drink)	300	300	0	0	0	0	0	5	41	1	39	0	3	14	8	0
Hail A Cab Whiskey Tea (1 drink)	329	329	0	0	0	0	0	12	48	1	43	0	3	33	7	0
Lights Out Lemonade (1 drink)	206	206	0	0	0	0	0	20	24	1	18	0	3	16	7	0
Ole Smoky Hooch Punch (1 drink)	174	174	0	0	0	0	0	21	29	0	28	1	152	39	15	0
Sailor Swig (1 drink)	272	272	0	0	0	0	0	6	39	0	36	0	855	25	14	0
Strawberry Mint Smash (1 drink)	169	169	0	0	0	0	0	5	16	0	15	0	243	1	12	1
Taco Mac Bloody Mary (1 drink)	241	241	55	6	0	0	6	1616	9	0	7	3	33	7	2	1
Taco Mac Top Shelf Margarita (1 drink)	223 - 325	223	1	0	0	0	0	1	14	1	1	0	36	22	12	0
Taco Mac Top Shelf Margarita (1 drink) with Black Cherry Puree		248	1	0	0	0	0	1	20	1	7	0	36	22	12	0
Taco Mac Top Shelf Margarita (1 drink) with Ginger Puree		251	1	0	0	0	0	6	21	1	7	0	36	22	12	0
Taco Mac Top Shelf Margarita (1 drink) with Simple Syrup		325	1	0	0	0	1	40	40	1	27	0	36	22	12	0
Taco Mac Top Shelf Margarita (1 drink) with Watermelon Puree		238	1	0	0	0	0	8	18	1	5	0	36	22	12	0
Taco Mac Ultimate LIT (1 drink)	239	239	0	0	0	0	0	9	27	1	21	0	3	25	7	0

Red Wines	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Pinot Noir Mejomi , California- Glass	200	200	0	0	0	0	0	16	8	0	0	0	0	0	0	0
Red Blend Ménage À Trois Silk , California- Glass	163	163	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cabernet Sauvignon William Hill , Central Coast- Glass	200	200	0	0	0	0	0	16	0	0	0	0	0	0	0	0
Merlot Velvet Devil , Washington- Glass	173	173	0	0	0	0	0	16	8	0	0	0	0	0	0	0
Pinot Noir Mark West , California- Glass	200	200	0	0	0	0	0	16	8	0	0	0	0	0	0	0
Sangria Myx Classico , Spain- Glass	120	120	0	0	0	0	0	0	23	0	0	0	0	0	0	0
Pinot Noir Mejomi , California- Bottle	635	635	0	0	0	0	0	51	25	0	0	0	0	0	0	0
Red Blend Ménage À Trois Silk , California- Bottle	518	518	0	0	0	0	0	0	25	0	0	0	0	0	0	0
Cabernet Sauvignon William Hill , Central Coast- Bottle	635	635	0	0	0	0	0	51	0	0	0	0	0	0	0	0
Merlot Velvet Devil , Washington- Bottle	549	549	0	0	0	0	0	16	8	0	0	0	0	0	0	0
Pinot Noir Mark West , California- Bottle	635	635	0	0	0	0	0	51	25	0	0	0	0	0	0	0
Sangria Myx Classico , Spain- Bottle	120	120	0	0	0	0	0	0	23	0	0	0	0	0	0	0

White Wines	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Chardonnay Kendall-Jackson , California - Glass	192	192	0	0	0	0	0	8	8	0	0	0	0	0	0	0
Sauvignon Blanc Oyster Bay , New Zealand- Glass	192	192	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Pinot Grigio Ruffino Lumina , Italy - Glass	192	192	0	0	0	0	0	0	8	0	0	0	0	0	0	0
Chardonnay Hidden Crush , California - Glass	192	192	0	0	0	0	0	0	8	0	0	0	0	0	0	0
Rosé Ava Grace , California- Glass	72	72	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Moscato Cupcake , Italy - Glass	178	178	0	0	0	0	0	8	24	0	24	0	0	0	0	0
Prosecco La Marca , Italy - Glass	115	115	0	0	0	0	0	0	6	0	6	0	0	0	0	0
Sangria Myx Tropical , Spain - Glass	120	120	0	0	0	0	0	0	23	0	14	0	0	0	0	0
Chardonnay Kendall-Jackson , California - Bottle	609	609	0	0	0	0	0	25	25	0	0	0	0	0	0	0
Sauvignon Blanc Oyster Bay , New Zealand- Bottle	609	609	0	0	0	0	0	0	25	0	0	0	0	0	0	0
Pinot Grigio Ruffino Lumina , Italy- Bottle	609	609	0	0	0	0	0	0	25	0	0	0	0	0	0	0
Chardonnay Hidden Crush , California - Bottle	609	609	0	0	0	0	0	0	25	0	0	0	0	0	0	0
Rosé Ava Grace , California- Bottle	228	228	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Moscato Cupcake , Italy- Bottle	565	565	0	0	0	0	0	25	76	0	76	0	0	0	0	0
Prosecco La Marca , Italy - Bottle	115	115	0	0	0	0	0	0	6	0	6	0	0	0	0	0
Sangria Myx Tropical , Spain - Bottle	120	120	0	0	0	0	0	0	23	0	14	0	0	0	0	0

Beer Blends	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Black Velveteen (1 drink)	211	211	0	0	0	0	0	10	15	0	6	0	0	0	0	0
Black and Tan (1 drink)	212	212	0	0	0	0	0	0	17	0	0	0	0	0	0	0
Black and White (1 drink)	227	227	0	0	0	0	0	5	18	0	0	1	0	0	0	0
Dirty Hippie (1 drink)	234	234	0	0	0	0	0	0	19	0	0	1	0	0	0	0

Party Platters	Menu Printed Calorie(s)	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (Iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Boneless Wings Platter (1 serving)	568 per serving	568	275	31	6	0	70	1174	39	3	11	32	191	4	17	2
Boneless Wings Platter (1 serving) with Dressing Choice Bleu Cheese		835	519	58	13	0	103	1470	40	3	12	35	452	4	89	2
Boneless Wings Platter (1 serving) with Dressing Choice Ranch		843	532	59	11	0	95	1570	41	3	12	33	387	4	42	2
Boneless Wings Platter (1 serving) with Wing Sauce Choice Barbecue		708	275	31	6	0	70	1754	75	3	43	32	391	13	17	2
Boneless Wings Platter (1 serving) with Wing Sauce Choice Death Sauce		613	292	32	6	0	70	2626	43	3	13	36	191	4	17	2
Boneless Wings Platter (1 serving) with Wing Sauce Choice Garlic Parmesan		1005	695	77	13	0	73	1766	43	3	11	34	2628	5	58	2
Boneless Wings Platter (1 serving) with Wing Sauce Choice Habanero BBQ		657	278	31	6	0	70	1983	61	3	25	33	610	6	56	3
Boneless Wings Platter (1 serving) with Wing Sauce Choice Honey Chipotle		671	277	31	6	0	70	2030	64	3	33	33	394	5	22	3
Boneless Wings Platter (1 serving) with Wing Sauce Choice Hot Buffalo		598	278	31	6	0	70	2415	46	4	15	33	662	4	26	3
Boneless Wings Platter (1 serving) with Wing Sauce Choice Medium Buffalo		594	277	31	6	0	70	2415	45	4	14	33	467	4	25	3
Boneless Wings Platter (1 serving) with Wing Sauce Choice Mild Buffalo		753	445	49	8	0	70	2135	43	3	13	33	1355	4	22	3
Boneless Wings Platter (1 serving) with Wing Sauce Choice Slow Burn		593	277	31	6	0	70	2371	45	4	14	33	476	5	24	3
Boneless Wings Platter (1 serving) with Wing Sauce Choice Sweet Chili Sesame		720	287	32	6	0	70	2661	73	3	43	33	200	4	24	3
Boneless Wings Platter (1 serving) with Wing Sauce Choice Three Mile Island		621	280	31	6	0	70	2684	50	4	17	34	506	4	36	4

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Boneless Wings Platter (8 servings)		4542	2204	245	45	0	560	9392	314	21	86	258	1531	29	136	18
Boneless Wings Platter (8 servings) with Dressing Choice Bleu Cheese		6675	4149	461	103	0	827	11756	320	21	92	283	3617	29	714	18
Boneless Wings Platter (8 servings) with Dressing Choice Ranch		6744	4258	473	92	0	760	12561	328	23	94	267	3094	35	332	18
Boneless Wings Platter (8 servings) with Wing Sauce Choice Barbecue		5662	2204	245	45	0	560	14032	602	21	342	258	3131	106	136	18
Boneless Wings Platter (8 servings) with Wing Sauce Choice Death Sauce		4902	2334	259	48	0	560	21008	343	21	103	287	1531	29	136	18
Boneless Wings Platter (8 servings) with Wing Sauce Choice Garlic Parmesan		8041	5556	617	102	0	584	14126	342	22	86	276	21024	37	467	19
Boneless Wings Platter (8 servings) with Wing Sauce Choice Habanero BBQ		5258	2225	247	46	0	560	15867	486	25	202	261	4878	46	444	20
Boneless Wings Platter (8 servings) with Wing Sauce Choice Honey Chipotle		5366	2214	246	46	0	560	16242	511	26	264	261	3152	40	176	22
Boneless Wings Platter (8 servings) with Wing Sauce Choice Hot Buffalo		4787	2225	247	46	0	560	19322	365	30	116	264	5296	31	212	24
Boneless Wings Platter (8 servings) with Wing Sauce Choice Medium Buffalo		4755	2220	247	46	0	560	19319	359	29	114	263	3738	29	197	23
Boneless Wings Platter (8 servings) with Wing Sauce Choice Mild Buffalo		6028	3559	395	67	0	560	17076	344	26	105	261	10842	29	177	22
Boneless Wings Platter (8 servings) with Wing Sauce Choice Slow Burn		4747	2219	247	46	0	560	18968	358	28	113	263	3809	40	196	23
Boneless Wings Platter (8 servings) with Wing Sauce Choice Sweet Chili Sesame		5761	2294	255	46	0	560	21292	588	21	342	265	1598	30	195	21
Boneless Wings Platter (8 servings) with Wing Sauce Choice Three Mile Island		4968	2240	249	46	0	560	21474	401	34	137	269	4051	29	291	28
Chicken Quesadillas Party Platter (1 serving)	676 per serving	676	359	40	21	0	142	2849	38	7	7	36	2475	48	498	3
Chicken Quesadillas Party Platter (8 servings)		5405	2876	320	164	0	1138	22791	305	54	54	285	19797	383	3986	24
Chips & Salsa Platter (1 serving)	312 per serving	30	1	0	0	0	0	498	7	1	4	1	346	18	37	0
Chips & Salsa Platter (1 serving) with Tortilla Chip Choice Gluten Free		612	274	30	4	0	0	1558	79	9	4	9	346	18	198	4
Chips & Salsa Platter (1 serving) with Tortilla Chip Choice Regular		312	53	6	0	0	0	1105	59	1	8	7	346	18	151	1
Chips & Salsa Platter (8 servings)		239	5	1	0	0	0	3980	55	9	30	8	2768	145	296	1
Chips & Salsa Platter (8 servings) with Tortilla Chip Choice Gluten Free		4895	2192	244	35	0	0	12460	632	74	30	72	2768	145	1584	36
Chips & Salsa Platter (8 servings) with Tortilla Chip Choice Regular		2500	420	47	3	0	0	8838	473	10	66	54	2768	145	1210	4
Fried Monterey Chicken Salad Platter (1 serving)	Not on Menu	511	158	18	7	0	79	1662	49	6	3	38	4571	22	221	5
Fried Monterey Chicken Salad Platter (1 serving) with Dressing Choice Blue Cheese		724	353	39	12	0	106	1898	50	6	3	41	4779	22	279	5
Fried Monterey Chicken Salad Platter (1 serving) with Dressing Choice Buffalo Ranch		681	313	35	10	0	94	2148	51	7	4	39	4743	22	237	5
Fried Monterey Chicken Salad Platter (1 serving) with Dressing Choice Caesar		815	446	50	11	0	103	2318	51	6	3	40	4571	22	253	5
Fried Monterey Chicken Salad Platter (1 serving) with Dressing Choice Fat Free Balsamic Vinaigrette		543	158	18	7	0	79	2078	57	6	7	38	4571	22	221	5
Fried Monterey Chicken Salad Platter (1 serving) with Dressing Choice Honey Mustard		739	323	36	9	0	87	1895	64	7	16	39	4575	22	232	5
Fried Monterey Chicken Salad Platter (1 serving) with Dressing Choice Olive Oil Vinaigrette		607	245	27	8	0	79	2030	54	6	6	38	4571	22	221	5
Fried Monterey Chicken Salad Platter (1 serving) with Dressing Choice Ranch		731	364	40	11	0	99	1979	51	6	3	39	4727	22	241	5
Fried Monterey Chicken Salad Platter (10 servings)		5106	1585	176	66	0	794	16617	491	63	26	384	45705	217	2210	48
Fried Monterey Chicken Salad Platter (10 servings) with Dressing Choice Blue Cheese		7239	3530	392	124	0	1061	18981	497	63	32	408	47792	217	2788	48
Fried Monterey Chicken Salad Platter (10 servings) with Dressing Choice Buffalo Ranch		6811	3129	348	101	0	944	21475	513	66	39	392	47429	221	2372	50
Fried Monterey Chicken Salad Platter (10 servings) with Dressing Choice Caesar		8146	4465	496	114	0	1034	23177	507	63	26	400	45705	217	2530	48
Fried Monterey Chicken Salad Platter (10 servings) with Dressing Choice Fat Free Balsamic Vinaigrette		5426	1585	176	66	0	794	20777	571	63	74	384	45705	217	2210	48
Fried Monterey Chicken Salad Platter (10 servings) with Dressing Choice Honey Mustard		7388	3230	359	91	0	873	18949	636	68	156	390	45751	217	2325	50
Fried Monterey Chicken Salad Platter (10 servings) with Dressing Choice Olive Oil Vinaigrette		6066	2449	272	82	0	794	20297	539	63	58	384	45705	217	2210	48
Fried Monterey Chicken Salad Platter (10 servings) with Dressing Choice Ranch		7308	3639	404	113	0	994	19786	505	65	34	393	47268	222	2406	49
Grilled Chicken Nacho Dip Platter (1 serving)	689 per serving	407	229	25	14	0	99	1927	12	3	4	29	1080	16	386	1
Grilled Chicken Nacho Dip Platter (1 serving) with Tortilla Chip Choice Gluten Free		989	503	56	19	0	99	2987	84	11	4	37	1080	16	547	6
Grilled Chicken Nacho Dip Platter (1 serving) with Tortilla Chip Choice Regular		689	281	31	15	0	99	2534	64	3	8	35	1080	16	501	2
Grilled Chicken Nacho Dip Platter (8 servings)		3253	1834	204	114	0	789	15417	95	25	30	234	8643	130	3091	11
Grilled Chicken Nacho Dip Platter (8 servings) with Tortilla Chip Choice Gluten Free		7909	4021	447	149	0	789	23897	672	89	30	298	8643	130	4379	45
Grilled Chicken Nacho Dip Platter (8 servings) with Tortilla Chip Choice Regular		5514	2249	250	117	0	789	20274	513	25	66	279	8643	130	4006	14
Grilled Chicken Ranch Wraps Platter (1 sandwich)	628 per serving	628	219	24	6	0	111	3031	50	4	3	49	3062	17	79	5
Grilled Chicken Ranch Wraps Platter (6 sandwiches)		3769	1316	146	36	0	667	18186	298	23	19	291	18371	100	475	32
Grilled Monterey Chicken Salad Platter (1 serving)	334 per serving	334	122	14	6	0	79	574	17	5	2	35	4364	21	207	3
Grilled Monterey Chicken Salad Platter (1 serving) with Blue Cheese Dressing	40 - 285 per serving of Salad Dressing Choice	547	317	35	12	0	106	811	18	5	3	37	4573	21	265	3
Grilled Monterey Chicken Salad Platter (1 serving) with Buffalo Ranch Dressing		504	276	31	9	0	94	1060	20	5	4	36	4536	22	223	3
Grilled Monterey Chicken Salad Platter (1 serving) with Caesar Dressing		638	410	46	11	0	103	1230	19	5	2	37	4364	21	239	3
Grilled Monterey Chicken Salad Platter (1 serving) with Fat Free Balsamic Vinaigrette		366	122	14	6	0	79	990	25	5	7	35	4364	21	207	3
Grilled Monterey Chicken Salad Platter (1 serving) with Honey Mustard		562	286	32	8	0	87	808	32	6	15	35	4369	21	219	3
Grilled Monterey Chicken Salad Platter (1 serving) with Olive Oil Vinaigrette		430	208	23	8	0	79	942	22	5	5	35	4364	21	207	3
Grilled Monterey Chicken Salad Platter (1 serving) with Ranch Dressing		554	327	36	11	0	99	891	19	5	3	36	4520	22	227	3
Grilled Monterey Chicken Salad Platter (10 servings)		3336	1220	136	60	0	793	5744	175	50	23	349	43640	215	2071	28
Grilled Monterey Chicken Salad Platter (10 servings) with Blue Cheese Dressing		5470	3165	352	118	0	1060	8109	180	50	29	373	45726	215	2649	28
Grilled Monterey Chicken Salad Platter (10 servings) with Buffalo Ranch Dressing		5041	2764	307	95	0	944	10602	197	54	36	357	45364	219	2233	30
Grilled Monterey Chicken Salad Platter (10 servings) with Caesar Dressing		6376	4100	456	108	0	1033	12304	191	50	23	365	43640	215	2391	28
Grilled Monterey Chicken Salad Platter (10 servings) with Fat Free Balsamic Vinaigrette		3656	1220	136	60	0	793	9904	255	50	71	349	43640	215	2071	28
Grilled Monterey Chicken Salad Platter (10 servings) with Honey Mustard		5618	2865	318	84	0	873	8077	320	55	153	355	43685	215	2186	30
Grilled Monterey Chicken Salad Platter (10 servings) with Olive Oil Vinaigrette		4296	2084	232	76	0	793	9424	223	50	55	349	43640	215	2071	28
Grilled Monterey Chicken Salad Platter (10 servings) with Ranch Dressing		5538	3274	364	106	0	994	8913	189	53	31	358	45203	220	2267	29
Grilled Steak Quesadillas Party Platter (1 serving)	715 per serving	715	414	46	23	0	139	2412	38	7	7	32	2459	47	493	4
Grilled Steak Quesadillas Party Platter (8 servings)		5718	3311	368	184	0	1109	19299	302	53	53	259	19668	377	3941	30
Grilled Vegetable & Cilantro Black Bean Quesadillas Party Platter (1 serving)	710 per serving	710	365	41	21	0	107	1472	54	11	8	28	2546	48	516	4
Grilled Vegetable & Cilantro Black Bean Quesadillas Party Platter (8 servings)		5676	2918	324	165	0	860	11772	429	84	64	226	20364	386	4129	32
Nachos All The Way Dip Platter (1 serving)	965 per serving	683	424	47	27	0	137	2202	21	6	5	37	1833	20	690	4
Nachos All The Way Dip Platter (1 serving) with Tortilla Chip Choice Gluten Free		1265	697	77	31	0	137	3262	93	14	5	45	1833	20	851	8
Nachos All The Way Dip Platter (1 serving) with Tortilla Chip Choice Regular		965	476	53	27	0	137	2809	73	6	10	43	1833	20	805	4
Nachos All The Way Dip Platter (8 servings)		5463	3392	377	213	0	1099	17613	168	47	43	295	14663	161	5523	32
Nachos All The Way Dip Platter (8 servings) with Tortilla Chip Choice Gluten Free		10119	5578	620	247	0	1099	26093	745	111	43	360	14663	162	6811	67
Nachos All The Way Dip Platter (8 servings) with Tortilla Chip Choice Regular		7724	3807	423	215	0	1099	22471	586	47	79	341	14663	162	6437	36
Queso Dip & Chips Platter (1 serving)	629 per serving	346	252	28	19	0	78	1369	1	0	0	19	970	1	476	0
Queso Dip & Chips Platter (1 serving) with Tortilla Chip Choice Gluten Free		928	525	58	23	0	78	2429	73	8	0	27	970	1	637	4
Queso Dip & Chips Platter (1 serving) with Tortilla Chip Choice Regular		629	304	34	19	0	78	1977	53	0	5	25	970	1	591	0
Queso Dip & Chips Platter (8 servings)		2770	2017	224	149	0	623	10955	7	1	3	152	7763	9	3810	0
Queso Dip & Chips Platter (8 servings) with Tortilla Chip Choice Gluten Free		7425	4203	467	184	0	623	19435	584	65	3	216	7763	9	5098	35
Queso Dip & Chips Platter (8 servings) with Tortilla Chip Choice Regular		5030	2432	270	152	0	623	15813	425	1	40	198	7763	9	4724	4

TACO MAC Nutritional Information



Roasted Wings Platter (1 serving)	304 per serving	304	169	19	5	0	88	968	10	3	4	22	6553	5	55	2
Roasted Wings Platter (1 serving) with Dressing Choice Bleu Cheese		571	413	46	12	0	122	1263	11	3	5	25	6814	5	128	2
Roasted Wings Platter (1 serving) with Dressing Choice Ranch		579	426	47	11	0	113	1364	12	3	5	23	6749	5	80	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Barbecue		444	169	19	5	0	88	1548	46	3	36	22	6753	14	55	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Death Sauce		349	186	21	6	0	88	2420	14	3	6	26	6553	5	55	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Garlic Parmesan		741	588	65	12	0	91	1559	13	3	4	24	8990	6	97	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Habanero BBQ		394	172	19	5	0	88	1777	31	3	18	23	6972	7	94	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Honey Chipotle		407	171	19	5	0	88	1824	35	3	26	23	6756	6	60	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Hot Buffalo		335	172	19	5	0	88	2209	16	4	8	23	7024	5	65	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Medium Buffalo		331	171	19	5	0	88	2208	16	3	7	23	6829	5	63	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Mild Buffalo		490	339	38	8	0	88	1928	14	3	6	23	7717	5	61	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Slow Burn		330	171	19	5	0	88	2165	15	3	7	23	6838	6	63	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Sweet Chili Sesame		456	181	20	5	0	88	2455	44	3	36	23	6562	5	63	2
Roasted Wings Platter (1 serving) with Wing Sauce Choice Three Mile Island		357	174	19	5	0	88	2478	21	4	10	24	6868	5	75	3
Roasted Wings Platter (8 servings)		2433	1355	151	42	0	707	7741	80	20	30	178	52428	37	444	13
Roasted Wings Platter (8 servings) with Dressing Choice Bleu Cheese		4566	3300	367	100	0	974	10105	86	20	36	202	54514	37	1022	13
Roasted Wings Platter (8 servings) with Dressing Choice Ranch		4635	3409	379	88	0	908	10910	94	23	38	187	53990	42	640	14
Roasted Wings Platter (8 servings) with Wing Sauce Choice Sweet Baby Rays BBQ™		3553	1355	151	42	0	707	12381	368	20	286	178	54028	114	444	13
Roasted Wings Platter (8 servings) with Wing Sauce Choice Death Sauce		2793	1485	165	45	0	707	19357	109	20	48	207	52428	37	444	13
Roasted Wings Platter (8 servings) with Wing Sauce Choice Garlic Parmesan		5932	4707	523	98	0	731	12475	108	22	31	196	71920	44	775	14
Roasted Wings Platter (8 servings) with Wing Sauce Choice Habanero BBQ		3149	1376	153	42	0	708	14216	252	25	146	180	55775	54	752	16
Roasted Wings Platter (8 servings) with Wing Sauce Choice Honey Chipotle		3257	1365	152	42	0	707	14591	277	25	208	181	54048	48	484	17
Roasted Wings Platter (8 servings) with Wing Sauce Choice Hot Buffalo		2678	1376	153	42	0	707	17671	131	30	60	184	56193	38	519	20
Roasted Wings Platter (8 servings) with Wing Sauce Choice Medium Buffalo		2646	1371	152	42	0	707	17667	125	28	58	183	54635	37	505	19
Roasted Wings Platter (8 servings) with Wing Sauce Choice Mild Buffalo		3919	2710	301	63	0	707	15425	110	25	49	181	61739	37	485	17
Roasted Wings Platter (8 servings) with Wing Sauce Choice Slow Burn		2637	1370	152	42	0	707	17317	124	28	57	182	54706	47	504	19
Roasted Wings Platter (8 servings) with Wing Sauce Choice Sweet Chili Sesame		3652	1445	161	43	0	707	19641	354	20	286	184	52495	38	503	16
Roasted Wings Platter (8 servings) with Wing Sauce Choice Three Mile Island		2859	1391	155	43	0	707	19823	167	33	81	189	54947	37	598	24
Taco Mac Hand Breaded Tenders Platter (1 serving)	1020 - 1306 per serving	1020	173	19	3	0	185	4454	120	5	2	87	1531	7	93	10
Taco Mac Hand Breaded Tenders Platter (1 serving) with Honey Mustard		1306	379	42	7	0	195	4745	138	6	18	88	1537	7	107	10
Taco Mac Hand Breaded Tenders Platter (1 serving) with Sweet Baby Rays BBQ™		1083	174	19	3	0	185	4863	135	5	15	87	1531	8	95	10
Taco Mac Hand Breaded Tenders Platter (8 servings)		8162	1384	154	28	0	1481	35631	957	39	15	696	12251	60	744	80
Taco Mac Hand Breaded Tenders Platter (8 servings) with Honey Mustard		10444	3029	337	52	0	1560	37963	1102	44	145	702	12296	60	859	82
Taco Mac Hand Breaded Tenders Platter (8 servings) with Sweet Baby Rays BBQ™		8665	1394	155	28	0	1481	38901	1076	39	120	698	12251	60	761	81
Original Wings Platter (1 serving)	324 per serving	324	214	24	6	0	88	140	4	2	2	22	5722	4	41	1
Original Wings Platter (1 serving) with Dressing Choice Bleu Cheese		591	457	51	13	0	122	435	5	2	3	25	5982	4	113	1
Original Wings Platter (1 serving) with Dressing Choice Ranch		599	471	52	12	0	113	536	6	2	3	23	5917	5	66	1
Original Wings Platter (1 serving) with Wing Sauce Choice Sweet Baby Rays BBQ™		464	214	24	6	0	88	720	40	2	34	22	5922	14	41	1
Original Wings Platter (1 serving) with Wing Sauce Choice Death Sauce		369	230	26	6	0	88	1592	8	2	4	25	5722	4	41	1
Original Wings Platter (1 serving) with Wing Sauce Choice Garlic Parmesan		761	633	70	13	0	91	731	8	2	2	24	8158	5	83	1
Original Wings Platter (1 serving) with Wing Sauce Choice Habanero BBQ		413	217	24	6	0	88	949	26	2	17	22	6140	6	80	2
Original Wings Platter (1 serving) with Wing Sauce Choice Honey Chipotle		427	216	24	6	0	88	996	29	2	24	22	5924	5	46	2
Original Wings Platter (1 serving) with Wing Sauce Choice Hot Buffalo		354	217	24	6	0	88	1381	11	3	6	22	6192	4	51	2
Original Wings Platter (1 serving) with Wing Sauce Choice Medium Buffalo		350	216	24	6	0	88	1381	10	2	6	22	5998	4	49	2
Original Wings Platter (1 serving) with Wing Sauce Choice Mild Buffalo		510	384	43	9	0	88	1100	8	2	5	22	6886	4	46	2
Original Wings Platter (1 serving) with Wing Sauce Choice Slow Burn		349	216	24	6	0	88	1337	10	2	6	22	6006	5	49	2
Original Wings Platter (1 serving) with Wing Sauce Choice Sweet Chili Sesame		476	225	25	6	0	88	1627	39	2	34	22	5730	4	49	2
Original Wings Platter (1 serving) with Wing Sauce Choice Three Mile Island		377	219	24	6	0	88	1650	15	3	9	23	6037	4	61	3
Original Wings Platter (8 servings)		2590	1714	190	47	0	707	1118	35	12	18	173	45773	32	330	10
Original Wings Platter (8 servings) with Dressing Choice Bleu Cheese		4724	3659	407	105	0	974	3483	40	12	24	197	47859	32	908	10
Original Wings Platter (8 servings) with Dressing Choice Ranch		4792	3768	419	94	0	908	4287	49	14	26	182	47336	37	526	11
Original Wings Platter (8 servings) with Wing Sauce Choice Sweet Baby Rays BBQ™		3710	1714	190	47	0	707	5758	323	12	274	173	47373	108	330	10
Original Wings Platter (8 servings) with Wing Sauce Choice Death Sauce		2950	1843	205	50	0	707	12734	63	12	35	202	45773	32	330	10
Original Wings Platter (8 servings) with Wing Sauce Choice Garlic Parmesan		6089	5066	563	104	0	731	5852	62	13	18	191	65265	39	661	11
Original Wings Platter (8 servings) with Wing Sauce Choice Habanero BBQ		3306	1734	193	48	0	708	7593	206	16	134	175	49120	49	638	12
Original Wings Platter (8 servings) with Wing Sauce Choice Honey Chipotle		3414	1724	192	48	0	707	7968	231	17	195	176	47393	42	370	14
Original Wings Platter (8 servings) with Wing Sauce Choice Hot Buffalo		2835	1735	193	48	0	707	11048	86	21	48	179	49538	33	405	16
Original Wings Platter (8 servings) with Wing Sauce Choice Medium Buffalo		2803	1730	192	48	0	707	11045	80	20	45	178	47980	32	391	16
Original Wings Platter (8 servings) with Wing Sauce Choice Mild Buffalo		4076	3068	341	69	0	707	8803	65	17	36	176	55084	32	371	14
Original Wings Platter (8 servings) with Wing Sauce Choice Slow Burn		2795	1729	192	48	0	707	10695	78	19	45	178	48051	42	390	15
Original Wings Platter (8 servings) with Wing Sauce Choice Sweet Chili Sesame		3809	1804	200	48	0	707	13018	308	12	274	179	45840	33	389	13
Original Wings Platter (8 servings) with Wing Sauce Choice Three Mile Island		3016	1750	194	49	0	707	13200	121	25	69	184	48292	32	485	21
Triple Play Platter (1 serving)	865 per serving	865	439	49	9	0	55	2329	81	4	33	22	782	7	79	3
Triple Play Platter (8 servings)		6918	3509	390	74	0	440	18629	648	30	267	179	6258	59	633	24
*Buffalo Wings Platters are served with 36 pieces of celery (55 Calories). Served with your choice of 16 oz. of Blue cheese (267 Cal. per 2 oz. serving.) or 16 oz. of ranch dressing (275 Cal. per serving) or 8 oz. of both.																